



Cambridge International Examinations
Cambridge International General Certificate of Secondary Education

GLOBAL PERSPECTIVES

0457/32

Paper 3

October/November 2016

INSERT (Resource Booklet)

1 hour 15 minutes



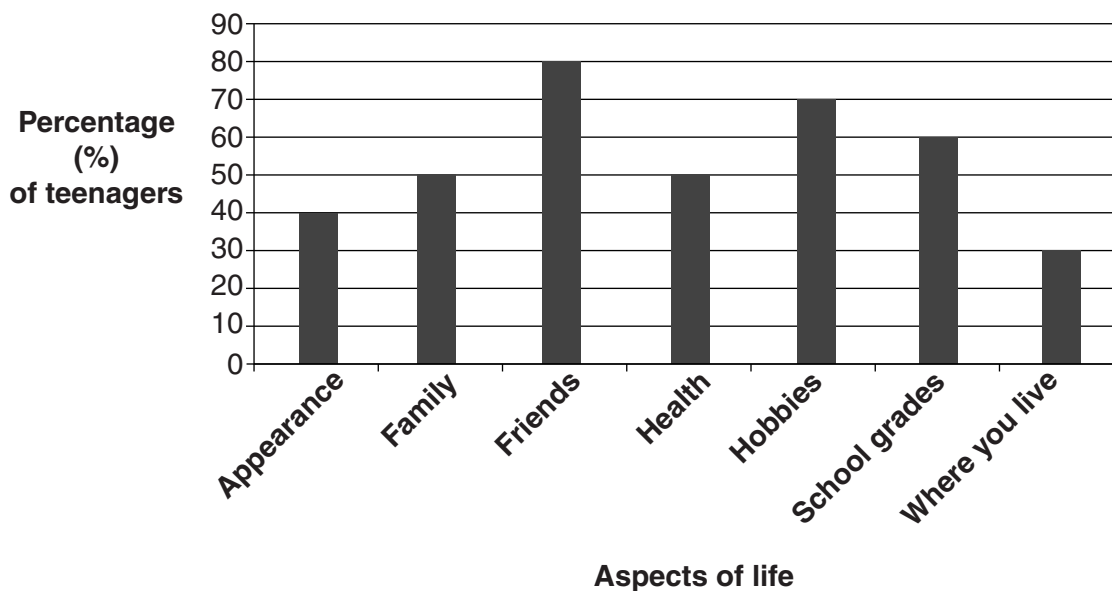
READ THESE INSTRUCTIONS FIRST

This Insert contains Sources 1 to 4. The time spent reading these Sources is allowed for within the examination.

This document consists of **3** printed pages and **1** blank page.

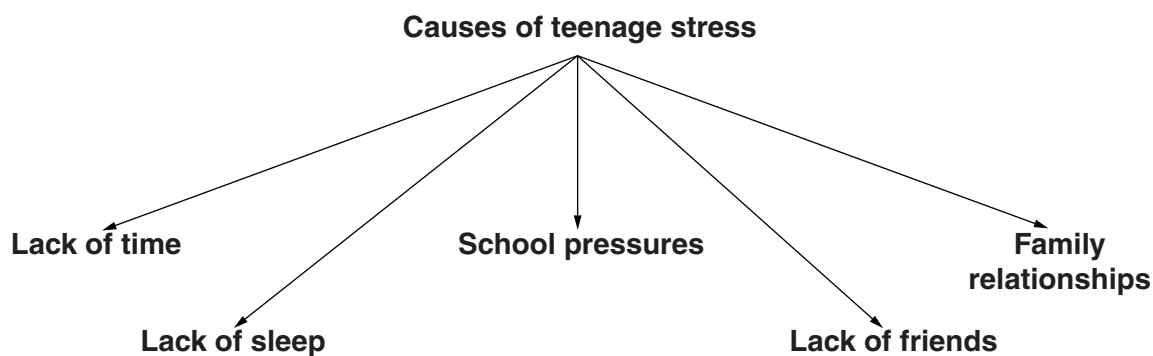
SOURCE 1**What makes teenagers happy?**

Research has shown that teenagers are much happier than many people think. The graph shows the things that make teenagers around the world happy and the percentage of teenagers that are happy with each aspect of their lives.

**SOURCE 2****What makes teenagers' lives stressful?**

Despite being generally happy, teenagers' lives can be stressful. Some examples of school-related stress for teenagers include changing schools and dealing with pressure from teachers. Parents are also a major source of stress for teenagers, mostly due to teenagers' fears that they will not live up to their parents' expectations.

Other common causes of teenage stress are working part-time, not having enough money, being too busy and feeling unsafe in their neighbourhood.



SOURCE 3**An International Day of Happiness**

Why should the idea of an 'International Day of Happiness' come as a surprise? Many of you might think that the idea of a special day for global happiness is ridiculous and that we should have far more important things to concentrate on such as the conflicts around the world. However, some of you might think it is a good idea.

Of course, we should continue to think about all the urgent political and community work that needs doing. Yet it is also worth remembering that we are all human and that human life is not just about surviving but also about being happy. Happiness is an important personal issue for us all. Everyone wants to be happy. We all want children to lead happy lives.

It is a serious issue for our communities – unhappiness leads to problems in society, which can result in crime, conflict and violence. It is also a serious issue for businesses – unhappy workplaces are less productive and have higher levels of sickness. If people are unhappy in their jobs, many businesses may not be able to compete in the global economy.

Happy people are more likely to create political, economic and social systems that allow nine billion people to live in peace and share the planet.

We need to talk about happiness in our families, our schools, our communities and our work places. An 'International Day of Happiness' is a good place to start. If we set a date in our diaries where we can celebrate happiness, then I really believe we can make a positive difference in the world.

Adapted from an article in: 'Happiness Today' magazine, March 2014

SOURCE 4**Posts on a social networking site**

Maia: My sister got her exam results yesterday and did really well. She will now go to a good university and will be an engineer in the future. I know I am only 13 years old, but I am really worried that I will not live up to my parents' high expectations and will not get good enough grades to go to university. Unemployment is so high (11% at the moment) and I will need a university qualification to get a good job.

Ingrid: What are you worried about? You are too young to be thinking about this. You should be enjoying school and your hobbies. You still have time to think about university. You may not want to go. You might find a job that pays really well. Many successful business people did not go to university. Forget about university and enjoy life now!

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