



Centre Number

71	
----	--

Candidate Number

--

ADVANCED SUBSIDIARY (AS)  
General Certificate of Education  
2013

---

## Health and Social Care

Assessment Unit AS 3

*assessing*

Unit 3: Health and Well-being

[A3H31]

MONDAY 13 MAY, AFTERNOON

---

MV18

### TIME

2 hours, plus your additional time allowance.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper. Answer **all three** questions.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(d)** and **3(d)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 According to www.drugsalcohol.info “Harm to the individual (of drug abuse) can take the form of ill health, social, personal or legal harm ... Psychological harm can ... range from feelings of anxiety through to acute psychotic behaviour and long-term mental illness”.

(a) Define the following terms.

Ill health [2]

---

---

---

---

Mental illness [2]

---

---

---

---

**(b)** Discuss how drug abuse could affect an individual's physical and social health and well-being.

Effect on physical health and well-being [3]

---

---

---

---

---

---

---

Effect on social health and well-being [3]

---

---

---

---

---

---

---

**(c)** Explain two ways a voluntary organisation could help an individual or family dealing with a drug problem. [2]/[2]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**(d)** Statistics suggest males are more likely than females to have a mental illness linked to drug abuse. Explain two other ways gender can impact on psychological well-being. [2]/[2]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(e) Discuss how poor housing can affect physical, social and psychological health and well-being.

Effect on physical health and well-being [3]

---

---

---

---

---

---

---

---

Effect on social health and well-being [3]

---

---

---

---

---

---

---

---

Effect on psychological health and well-being [3]

---

---

---

---

---

---

---

---





**2** The World Health Organisation defines health promotion as follows:

“Health promotion is the process of enabling people to increase control over, and to improve, their health. It moves beyond a focus on individual behaviour towards a wide range of social and environmental interventions.”

**(a) (i)** Describe the behaviour change and medical approaches to health promotion.

Behaviour change approach [3]

---

---

---

---

---

---

---

Medical approach [3]

---

---

---

---

---

---

---

(ii) Use the table below to evaluate the two approaches.

Approach	A strength of the approach	A weakness of the approach
Behaviour change	[2]	[2]
Medical	[2]	[2]

(b) Explain three ways a health promotion campaign you have studied got its message across.

Name of campaign \_\_\_\_\_

Ways the campaign got its message across. [2]/[2]/[2]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(c) Professionals responsible for health promotion are employed by the health improvement departments of Health and Social Care Trusts. Other than health promotion, discuss two ways Health and Social Care Trusts contribute to the health and well-being of the populations they serve. [3]/[3]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





**3** The Equality Commission for Northern Ireland has produced a document entitled “Race Equality in Health and Social Care” which gives the following as one example of discrimination.

“A Polish man, who made a complaint that he had received a poor standard of treatment at a hospital because of his racial background, is ignored by staff on re-admission to the same ward.”

**(a)** Define the term discrimination. [2]

---

---

---

---

**(b)** In the example above the Polish man is ignored by staff in a hospital. Describe three other examples of discrimination in a hospital. [3]/[3]/[3]

1. \_\_\_\_\_

---

---

---

---

---

---

---

---

2. \_\_\_\_\_

---

---

---

---

---

---

3. \_\_\_\_\_

---

---

---

---

---

---

---

(c) Explain three ways discrimination in a hospital could affect the health and well-being of patients. [2]/[2]/[2]

1. \_\_\_\_\_

---

---

---

2. \_\_\_\_\_

---

---

---

3. \_\_\_\_\_

---

---

---









**SOURCES**

- Q1 ..... <http://www.drugsalcohol.info/content/individual-harm>
- Q2..... [http://www.who.int/topics/health\\_promotion/en/](http://www.who.int/topics/health_promotion/en/)
- Q3..... <http://www.equalityni.org/archive/pdf/ECRaceEqualityandHealthGuide.pdf>

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

Permission to reproduce all copyright material has been applied for. In some cases, efforts to contact copyright holders may have been unsuccessful and CCEA will be happy to rectify any omissions of acknowledgement in future if notified.