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ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2015

Centre Number

Candidate Number

Health and Social Care

Assessment Unit AS 3
assessing
Unit 3: Health and Well-being

ML

[A3H31]
THURSDAY 14 MAY, AFTERNOON

TIME

2 hours, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.
Write your answers in the spaces provided in this question paper.
Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.
Quality of written communication will be assessed in questions **2(e)**, **3(d)** and **3(e)**.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

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Examiner Only	
Marks	Remark

1 **(a)** Professionals in health, social care and early years settings are trained to understand the negative impact of prejudice and discrimination and the positive impact of anti-discriminatory practice.

(i) Explain what is meant by the terms prejudice and discrimination.

Prejudice

_____

_____

_____

_____ [2]

Discrimination

_____

_____

_____

_____ [2]

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(ii) Complete the table below to:

- describe three different examples of anti-discriminatory practice in the settings identified
- explain three different ways it can positively impact on service users' health and well-being.

Setting	Describe the example of anti-discriminatory practice	Explain one way this could impact on service users
A creche	[2]	[2]
A care home for older people	[2]	[2]
A health centre	[2]	[2]

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Marks	Remark

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(b) A range of factors contribute to health and well-being. Discuss how geographical location may have a positive impact on an individual's physical and social health and well-being.

Physical health and well-being

_____

_____

_____

_____

_____

_____ [3]

Social health and well-being

_____

_____

_____

_____

_____

_____ [3]

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(c) Discuss how individuals can take responsibility for their own health and well-being through the lifestyle choices they make.

[6]

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Marks	Remark

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Marks	Remark

2 **(a)** Explain three ways the World Health Organization (WHO) contributes to health and well-being.

1. _____

_____

_____

_____ [2]

2. _____

_____

_____

_____ [2]

3. _____

_____

_____

_____ [2]

(b) Explain two different ways the Department of Health and Social Services and Public Safety for Northern Ireland (DHSSPSNI) contributes to health and well-being.

1. _____

_____

_____

_____ [2]

2. _____

_____

_____

_____ [2]

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Marks	Remark

(c) The DHSSPSNI is one example of a statutory organisation responsible for health and well-being in Northern Ireland. Name one other statutory organisation with a role in health and well-being.

_____ [1]

(d) Discuss how each of the following types of private and commercial organisations can contribute to health and well-being.

A drug company

_____

_____

_____

_____

_____

_____ [3]

An alternative practitioner

_____

_____

_____

_____

_____

_____ [3]

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(e) Analyse four ways voluntary organisations can contribute to the health and well-being of individuals. Use examples of voluntary organisations in your answer.

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Marks	Remark

[12]

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3 Health promotion campaigns aim to improve the overall health and well-being of the population. This can be done by reducing the incidence of both disease and mental illness in Northern Ireland.

(a) Define the following terms.

Disease

_____

_____

_____

_____ [2]

Mental illness

_____

_____

_____

_____ [2]

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Marks	Remark

(b) Name a health promotion campaign you have studied. Write down three of its objectives and explain three ways it attempted to get its message across.

Name of campaign _____

Objectives

1. _____ [1]

2. _____ [1]

3. _____ [1]

Ways the campaign attempted to get its message across

1. _____

_____

_____

_____ [2]

2. _____

_____

_____

_____ [2]

3. _____

_____

_____

_____ [2]

(c) Describe the behaviour change approach to health promotion.

_____

_____

_____

_____

_____

_____ [3]

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(d) Describe and evaluate the educational approach to health promotion.

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Marks	Remark

Description

_____

_____

_____

_____

_____

_____ [3]

Evaluation

_____

_____

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Marks	Remark

[12]

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(e) Despite the efforts of health promotion campaigns, socio-economic factors like social class remain the most important influence on an individual's health and well-being.
Analyse the impact of social class on the physical, social and psychological health and well-being of individuals.

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