



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2016

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3

assessing

Unit 3: Health and Well-being

[A3H31]

FRIDAY 10 JUNE, AFTERNOON

MV18

Time

2 hours, plus your additional time allowance.

Instructions to Candidates

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.
Answer **all three** questions.

Information for Candidates

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(d)**, **3(c)** and **3(d)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 Joanna, aged 27, is single and has a busy career as a solicitor. She has a wide circle of friends and enjoys visiting her parents and siblings, although they live an hour and a half away. She was recently diagnosed with cervical cancer and will have a combination of chemotherapy and radiotherapy in the next few months. Recently, Joanna has been having panic attacks and her GP feels this is due to stress.

(a) Define the following terms.

Ill health [2 marks]

Stress [2 marks]

(b) Other than causing stress, explain two ways Joanna's ill-health may impact on her psychological well-being.
[2 marks for each]

1. _____

2. _____

2 Research shows that a wide range of factors affect health and well-being. The government attempts to improve the health of the population through health promotion campaigns.

(a) (i) Write down the name of one health promotion campaign you have studied. [1 mark]

(ii) List two objectives of the campaign and discuss a different way each of them was addressed.

Objective 1 [1 mark]

One way this objective was addressed [3 marks]

Objective 2 [1 mark]

One way this objective was addressed [3 marks]

(b) (i) Describe the social approach to health promotion.
[3 marks]

(ii) Explain two strengths and two weaknesses of the social approach. [8 marks, 2 marks for each]

Strengths

1. _____

2. _____

Weaknesses

1. _____

2. _____

(c) Occupational hazards can have a negative effect on physical health. Identify two examples of occupational hazards and explain a different way each could affect physical health.

Example 1

Occupation/Job _____

Hazard [1 mark]

One effect on physical health [2 marks]

Example 2

Occupation/Job _____

Hazard [1 mark]

One effect on physical health [2 marks]

(d) Complete the table below to explain how the factors identified can have a positive effect on physical and social health and well-being.

Factor	One positive effect on physical health and well-being	One positive effect on social health and well-being
Exercise	[2 marks]	[2 marks]
Culture and ethnicity	[2 marks]	[2 marks]
Income	[2 marks]	[2 marks]

(ii) Write down the two other ways individuals can take responsibility for their own health and well-being.
[1 mark for each]

1. _____
2. _____

(b) Identify one voluntary organisation that contributes to health and well-being in Northern Ireland. [1 mark]

(c) Three statutory organisations which contribute to the health and well-being of people in Northern Ireland are:

- The Department of Health and Social Services and Public Safety (DHSSPSNI)
- The Public Health Agency (PHA)
- Health and Social Care Trusts.

Discuss the contribution of each of these organisations to the health and well-being of the population.

[9 marks]

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Question Number	Marks
1	
2	
3	
Total Marks	

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