



Rewarding Learning

ADVANCED SUBSIDIARY (AS)  
General Certificate of Education  
2013

Centre Number

71

Candidate Number

## Health and Social Care

### Assessment Unit AS 3

*assessing*

#### Unit 3: Health and Well-being

[A3H31]

MONDAY 13 MAY, AFTERNOON



A3H31

#### TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

#### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(d)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's  
use only

Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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1 According to [www.drugsalcohol.info](http://www.drugsalcohol.info) “Harm to the individual (of drug abuse) can take the form of ill health, social, personal or legal harm ... Psychological harm can ... range from feelings of anxiety through to acute psychotic behaviour and long-term mental illness”.

*Source: <http://www.drugsalcohol.info/content/individual-harm>*

(a) Define the following terms.

Ill health

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[2]

Mental illness

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[2]

Examiner Only	
Marks	Remark

(b) Discuss how drug abuse could affect an individual's physical and social health and well-being.

Effect on physical health and well-being

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[3]

Effect on social health and well-being

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[3]

Examiner Only	
Marks	Remark









- 2 The World Health Organisation defines health promotion as follows:  
 “Health promotion is the process of enabling people to increase control over, and to improve, their health. It moves beyond a focus on individual behaviour towards a wide range of social and environmental interventions.”

*Source: [http://www.who.int/topics/health\\_promotion/en/](http://www.who.int/topics/health_promotion/en/)*

- (a) (i) Describe the behaviour change and medical approaches to health promotion.

Behaviour change approach

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[3]

Medical approach

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[3]

Examiner Only	
Marks	Remark

(ii) Use the table below to evaluate the two approaches.

Approach	A strength of the approach	A weakness of the approach
Behaviour change	[2]	[2]
Medical	[2]	[2]

Examiner Only	
Marks	Remark



(c) Professionals responsible for health promotion are employed by the health improvement departments of Health and Social Care Trusts. Other than health promotion, discuss two ways Health and Social Care Trusts contribute to the health and well-being of the populations they serve.

1. \_\_\_\_\_  
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\_\_\_\_\_ [3]

2. \_\_\_\_\_  
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\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark





- 3 The Equality Commission for Northern Ireland has produced a document entitled “Race Equality in Health and Social Care” which gives the following as one example of discrimination.

“A Polish man, who made a complaint that he had received a poor standard of treatment at a hospital because of his racial background, is ignored by staff on re-admission to the same ward.”

Source: <http://www.equalityni.org/archive/pdf/ECRaceEqualityandHealthGuide.pdf>

- (a) Define the term discrimination.

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[2]

- (b) In the example above the Polish man is ignored by staff in a hospital. Describe three other examples of discrimination in a hospital.

1. 

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[3]

2. 

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[3]

Examiner Only	
Marks	Remark







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**THIS IS THE END OF THE QUESTION PAPER**

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