



ADVANCED  
General Certificate of Education  
2013

Centre Number

71

Candidate Number

## Health and Social Care

### Assessment Unit A2 12

*assessing*

### Unit 12: Understanding Human Behaviour

[A6H61]

MONDAY 17 JUNE, MORNING



#### TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.  
Answer **all three** questions.

#### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(e)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's  
use only

Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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- 1** A Northern Ireland Health and Well-Being Survey found that 21% of our population aged over 16 consider themselves to be depressed.

Source: <http://www.dhsspsni.gov.uk/mentalhealth-promotion-report.pdf>

- (a)** Write down five signs or symptoms of depression.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

4. \_\_\_\_\_ [1]

5. \_\_\_\_\_ [1]

- (b)** Research suggests that the majority of people who feel depressed will visit a GP. Describe any two drug treatments that a GP might prescribe to help an individual overcome depression.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [3]

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

- (c) Explain two advantages and two disadvantages of using drugs to treat depression.

Advantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Disadvantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only

Marks Remark

(d) In a hospital setting, an individual who is clinically depressed and does not respond to drug treatments may be given electro-convulsive therapy (ECT). Describe this treatment.

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[3]

Examiner Only	
Marks	Remark











(c) Discuss one way Hilde Bruch explained anorexia nervosa.

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[3]

Examiner Only	
Marks	Remark







**3** The behaviourist perspective in psychology regards human behaviour as a collection of learned responses to environmental stimuli, with the key learning process being conditioning.

**(a)** Explain the following concepts from Skinner's theory of operant conditioning.

Positive reinforcement

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[2]

Negative reinforcement

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[2]

**(b)** Discuss how time management can help an individual reduce stress.

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[3]

Examiner Only	
Marks	Remark











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