



Rewarding Learning  
 ADVANCED SUBSIDIARY (AS)  
 General Certificate of Education  
 2015

Centre Number

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Candidate Number

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## Health and Social Care

Assessment Unit AS 3  
*assessing*  
 Unit 3: Health and Well-being



A3H31

[A3H31]

**THURSDAY 14 MAY, AFTERNOON**

### TIME

2 hours.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **2(e)**, **3(d)** and **3(e)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

1 (a) Professionals in health, social care and early years settings are trained to understand the negative impact of prejudice and discrimination and the positive impact of anti-discriminatory practice.

(i) Explain what is meant by the terms prejudice and discrimination.

Prejudice

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[2]

Discrimination

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[2]

Examiner Only	
Marks	Remark

(ii) Complete the table below to:

- describe three different examples of anti-discriminatory practice in the settings identified
- explain three different ways it can positively impact on service users' health and well-being.

Setting	Describe the example of anti-discriminatory practice	Explain one way this could impact on service users	Examiner Only	
			Marks	Remark
A creche	[2]	[2]		
A care home for older people	[2]	[2]		
A health centre	[2]	[2]		

(b) A range of factors contribute to health and well-being. Discuss how geographical location may have a positive impact on an individual's physical and social health and well-being.

Physical health and well-being

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[3]

Social health and well-being

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[3]

Examiner Only	
Marks	Remark











3 Health promotion campaigns aim to improve the overall health and well-being of the population, for example by reducing the incidence of both disease and mental illness in Northern Ireland.

(a) Define the following terms.

Disease

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[2]

Mental illness

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[2]

Examiner Only	
Marks	Remark

(b) Name a health promotion campaign you have studied, write down three of its objectives and explain three ways it attempted to get its message across.

Name of campaign \_\_\_\_\_

Objectives

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

Ways the campaign attempted to get its message across

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

(c) Describe the behaviour change approach to health promotion.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [3]

Examiner Only	
Marks	Remark









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