



Rewarding Learning

ADVANCED

General Certificate of Education

2015

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 15

assessing

Unit 15: Human Nutrition and Dietetics

[A6H71]

TUESDAY 9 JUNE, MORNING



A6H71

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(f)**, **3(c)** and **3(e)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

2. _____

 _____ [3]

3. _____

 _____ [3]

(d) The two types of carbohydrates that provide dietary energy are sugars and starches. Complete the table below to identify different examples of each type.

Carbohydrates	Starches	Sugars
Natural	_____ [1]	_____ [1]
Refined	_____ [1]	_____ [1]
	_____ [1]	_____ [1]

[6]

Examiner Only	
Marks	Remark

- 2 Anne, aged 30, lives in the country with her partner John, aged 34, who is recovering from surgery. The table below shows Anne's dietary intake of calcium and iron and the Dietary Reference Values (DRVs) for females 18–54.

Nutrient	Anne's daily intake	Dietary Reference Values (DRVs) for females aged 18–54
Calcium	641mg	700mg
Iron	10mg	15mg

- (a) Explain the impact on Anne's health if her intake of the two nutrients remains at their current level.

Calcium

[2]

Iron

[2]

- (b) Milk and dairy products are the main source of calcium in the diet. Name one other rich dietary source of calcium.

[1]

- (c) Explain why Anne has been advised to combine Vitamin C with her intake of iron.

[2]

Examiner Only

Marks Remark

THIS IS THE END OF THE QUESTION PAPER

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