



Rewarding Learning
 ADVANCED SUBSIDIARY (AS)
 General Certificate of Education
 2016

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3
assessing
 Unit 3: Health and Well-being



A3H31

[A3H31]

FRIDAY 10 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(d)**, **3(c)**, and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

1 Joanna, aged 27, is single and has a busy career as a solicitor. She has a wide circle of friends and enjoys visiting her parents and siblings, although they live an hour and a half away. She was recently diagnosed with cervical cancer and will have a combination of chemotherapy and radiotherapy in the next few months. Recently, Joanna has been having panic attacks and her GP feels this is due to stress.

(a) Define the following terms.

Ill health

[2]

Stress

[2]

(b) Other than causing stress, explain two ways Joanna's ill-health may impact on her psychological well-being.

1.

[2]

2.

[2]

Examiner Only	
Marks	Remark

2 Research shows that a wide range of factors affect health and well-being. The government attempts to improve the health of the population through health promotion campaigns.

(a) (i) Write down the name of one health promotion campaign you have studied.

_____ [1]

(ii) List two objectives of the campaign and discuss a different way each of them was addressed.

Objective 1

_____ [1]

One way this objective was addressed

_____ [3]

Examiner Only

Marks Remark

(ii) Explain two strengths and two weaknesses of the social approach.

Strengths

1. _____

_____ [2]

2. _____

_____ [2]

Weaknesses

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(c) Occupational hazards can have a negative effect on physical health. Identify two examples of occupational hazards and explain a different way each could affect physical health.

Example 1

Occupation/Job _____

Hazard _____ [1]

One effect on physical health

 _____ [2]

Example 2

Occupation/Job _____

Hazard _____ [1]

One effect on physical health

 _____ [2]

Examiner Only	
Marks	Remark

- (d) Complete the table below to explain how the factors identified can have a positive effect on physical and social health and well-being.

Factor	Examiner Only	
	Marks	Remark
Exercise	[2]	[2]
Culture and ethnicity	[2]	[2]
Income	[2]	[2]

THIS IS THE END OF THE QUESTION PAPER

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