



Rewarding Learning  
 ADVANCED SUBSIDIARY (AS)  
 General Certificate of Education  
 2017

Centre Number

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Candidate Number

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# Health and Social Care

Assessment Unit AS 3  
*assessing*  
 Unit 3: Health and Well-being



A3H31

[A3H31]

**FRIDAY 12 MAY, MORNING**
**TIME**

2 hours.

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

**INFORMATION FOR CANDIDATES**

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(d)** and **3(e)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

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- (e) Terri takes responsibility for her own health and well-being by making positive lifestyle choices. Use the subheadings below to discuss two other ways individuals can take responsibility for their own health and well-being.

Accessing health and social care services

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[3]

Self-advocacy

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[3]

Examiner Only	
Marks	Remark





- 2 (a) Complete the table to identify the health promotion approach taken in each example.

Example	Health promotion approach
A radio advertisement encourages people to get active by walking instead of using the car.	[1]
The government introduces a new law to ban smoking in cars where children are passengers.	[1]
A leaflet uses lots of facts and statistics to explain the negative health effects of a poor diet.	[1]

- (b) Describe the fear arousal approach to health promotion.

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[3]

Examiner Only	
Marks	Remark







3 Aaron, aged 46, is married to Sarah and they have two teenage children. Aaron is currently in hospital as a result of having a stroke, but is hoping to return home soon.

(a) The hospital service Aaron is using is run by the local trust. Explain two other ways health and social care trusts contribute to the health and well-being of the populations they serve.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

(b) (i) Aaron is Jewish and does not eat any pork products as a result of his religious beliefs. In hospital Aaron is always provided with a meal that is free of pork products. This is an example of anti-discriminatory practice. Outline two other examples of anti-discriminatory practice in a hospital.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(ii) Explain two ways anti-discriminatory practice impacts on the health and well-being of service users.

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

(c) The hospital has given Aaron the name of a voluntary organisation to contact when he goes home. Identify any voluntary organisation and explain two ways it contributes to the health and well-being of its service users.

Organisation

\_\_\_\_\_ [1]

Two ways it contributes to health and well-being

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

Examiner Only	
Marks	Remark







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**THIS IS THE END OF THE QUESTION PAPER**

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