



Rewarding Learning
ADVANCED
 General Certificate of Education
 2018

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 15

assessing

Unit 15: Human Nutrition and Dietetics

[A6H71]

MONDAY 18 JUNE, AFTERNOON



A6H71

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **2(b)**, **2(c)**, **3(b)** and **3(c)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

(c) Discuss how guideline daily amounts (GDAs) encourage healthier eating.

[3]

(d) Iron is an essential mineral. Complete the table below to demonstrate your knowledge of the role of iron in the diet.

One function		[2]
Rich sources	1. _____ 2. _____ 3. _____ 4. _____	[4]
One effect of excess iron		[1]
Deficiency disease		[1]

Examiner Only	
Marks	Remark

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(Questions continue overleaf)

- (d) A recent inspection commended the catering staff on their safe food preparation and handling practices.

Complete the table below by naming three food poisoning bacteria and a different source for each.

Name of food poisoning bacteria	One source of this bacteria

[6]

Examiner Only	
Marks	Remark

- 3** The eatwell plate was a policy tool used to define government recommendations on eating healthily and achieving a balanced diet. It divided the foods we eat and drink into five main food groups, one of which is “meat, fish and alternatives”.

(a) List the four other food groups.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

(b) Discuss the importance of meat, fish and alternatives in the diet.

Examiner Only	
Marks	Remark

[6]

Examiner Only	
Marks	Remark

THIS IS THE END OF THE QUESTION PAPER

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