



Rewarding Learning  
**ADVANCED**  
 General Certificate of Education  
 2018

Centre Number

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Candidate Number

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# Health and Social Care

Assessment Unit A2 6  
*assessing*  
 Understanding Human Behaviour



AHC61

**[AHC61]**  
**MONDAY 18 JUNE, AFTERNOON**

## TIME

2 hours.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 120.

Quality of written communication will be assessed in questions **1(f)**, **2(c)**, **2(d)** and **3(b)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

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1 James has a phobia of spiders.

(a) Explain what a phobia is.

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[2]

(b) List **three** ways James might respond if he saw a spider.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

(c) Describe how James's phobia would have developed according to the following theories:

Bandura's social learning theory

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[3]

Pavlov's theory of classical conditioning

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[3]

Examiner Only	
Marks	Remark





(e) Explain **two** advantages and **one** disadvantage of using behaviour therapies to treat phobias.

Advantages

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

A disadvantage

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark







2 Mary, aged 27, has a successful career but her partner Paul, who is a mental health professional, is concerned she is suffering from stress.

(a) List **four** symptoms that Mary may have exhibited to lead Paul to be concerned she is suffering from stress.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

4. \_\_\_\_\_ [1]

(b) Paul has asked Mary to think about different ways she might consider trying to reduce her stress. Describe how Mary's symptoms of stress could be reduced by each of the following:

Getting medication from her GP

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [3]

Learning time management techniques

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

Attending an encounter group

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[3]

Examiner Only	
Marks	Remark









3 The psychoanalytic perspective in psychology is most associated with Sigmund Freud, who argued that people's personalities and psychological problems such as depression are rooted in the unconscious mind.

(a) Freud proposed that there are three parts to people's personalities, which he called the id, the ego and the superego. Complete the table below to explain what Freud meant by each of these.

Part of personality	Explanation
The id	[2]
The ego	[2]
The superego	[2]

Examiner Only	
Marks	Remark















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