

New
Specification

Rewarding Learning

ADVANCED

General Certificate of Education

2018

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 7

assessing

Human Nutrition and Health



AHC71

[AHC71]

MONDAY 18 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 120.

Quality of written communication will be assessed in questions

2(c), 2(d), 3(c) and 3(d).

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

(c) Define the term “basal metabolic rate” (BMR).

[3]

Examiner Only	
Marks	Remark

- 3 The Food Standards Agency's Eatwell Guide "shows the proportions in which different types of food are needed to have a well-balanced and healthy diet".

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- (a) Name **three** other government bodies that provide dietary advice in Northern Ireland.

1. _____ [1]

2. _____ [1]

3. _____ [1]

- (b) One of the main food groups in the Eatwell Guide is "beans, pulses, fish, eggs, meat and other proteins".

List the other **four** food groups.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

Examiner Only	
Marks	Remark

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(Questions continue overleaf)

THIS IS THE END OF THE QUESTION PAPER
