



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2019

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3

assessing

Health and Well-being



[SHC31]

SHC31

TUESDAY 14 MAY, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in black ink only. **Do not write with a gel pen.**

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)** and **3(g)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.





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1 (a) Define the following terms.

Health

[2]

Ill-health

[2]

(b) Other than running health promotion campaigns, explain two ways the Public Health Agency contributes to health and well-being.

1. _____

[2]

2. _____

[2]

[Turn over



(c) Use the headings below to write down ways individuals may take responsibility for their own health and well-being.

Accessing health and social care services

1. _____ [1]

2. _____ [1]

Self-advocacy

1. _____ [1]

2. _____ [1]



(d) One approach to health promotion is the social change approach.

Complete the table below to describe this approach and to explain its strengths and weaknesses.

A description of the social change approach	[3]
Two strengths of this approach	[2]
Two weaknesses of this approach	[2]

[Turn over



2 A variety of socio-economic, physical, environmental and behavioural factors are known to impact on the physical, social and psychological health and well-being of individuals.

(a) One socio-economic factor is culture and ethnicity. Explain **one** way this can affect each of the following.

Physical health and well-being

[2]

Social health and well-being

[2]

(b) List **two** other socio-economic factors that can affect health and well-being.

1. _____ [1]
2. _____ [1]



(c) Physical factors include genetically inherited conditions. Name **one** such condition and describe how it affects physical and social health and well-being.

Name of condition

_____ [1]

How it affects physical health and well-being

_____ [3]

How it affects social health and well-being

_____ [3]

[Turn over



(d) Pollution is an environmental factor that can affect health and well-being. Explain **two** ways pollution might affect physical health and well-being.

1. _____

_____ [2]

2. _____

_____ [2]





3 Sarah, aged 59, a manager in a Belfast health centre, has always been an active and sociable person. She recently developed a type of arthritis that can cause her a great deal of pain and negatively affects her mobility. Sarah has three adult children. Philip, her youngest son, has a learning disability. He lives locally in supported living accommodation where a team of social care staff help to look after the eight young adults with learning disabilities who live there.

(a) Explain **two** ways Sarah's ill-health could affect her psychological well-being.

1. _____

_____ [2]

2. _____

_____ [2]

[Turn over



(c) Voluntary organisations have helped both Sarah and Philip. Sarah has been given information about her arthritis and Philip is living in supported living accommodation provided by a voluntary organisation.

Using examples, describe **two** other ways voluntary organisations contribute to health and well-being for people in Northern Ireland.

Example 1

[3]

Example 2

[3]

[Turn over



(d) Sarah worries that Philip has to cope with prejudice. Explain what is meant by the term prejudice.

[2]

(e) Describe **one** example of how young adults with learning disabilities can be discriminated against in a healthcare setting like a health centre or hospital.

[3]



(f) Describe **two** ways a manager in a healthcare setting can promote anti-discriminatory practice for service users with learning disabilities.

1. _____

_____ [3]

2. _____

_____ [3]

[Turn over



THIS IS THE END OF THE QUESTION PAPER

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For Examiner's use only	
Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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