



Rewarding Learning

ADVANCED

General Certificate of Education

2019

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 7

assessing

Human Nutrition and Health



AHC71

[AHC71]

MONDAY 17 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 120.

Quality of written communication will be assessed in questions **2(c)**, **3(a)**, **3(b)** and **3(c)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

1 (a) Identify **three** main sources of fat in the diet.

1. _____ [1]

2. _____ [1]

3. _____ [1]

(b) List **three** risks of eating excess fat to the health of children.

1. _____ [1]

2. _____ [1]

3. _____ [1]

Examiner Only

Marks Remark

- (d) "Growing children, especially those who don't eat a varied diet, may not get enough vitamins."

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- (i) Name **three** sources of Vitamin C.

1. _____ [1]

2. _____ [1]

3. _____ [1]

- (ii) Explain **three** dietary functions of Vitamin C.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

Examiner Only

Marks Remark

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(Questions continue overleaf)

THIS IS THE END OF THE QUESTION PAPER

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