



*Rewarding Learning*

**ADVANCED SUBSIDIARY (AS)**  
**General Certificate of Education**  
**2018**

Centre Number

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Candidate Number

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# Nutrition and Food Science

Assessment Unit AS 2  
*assessing*  
 Diet, Lifestyle and Health



\*SNF21\*

**[SNF21]**  
**MONDAY 21 MAY, MORNING**

## TIME

1 hour 30 minutes.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.  
 Answer **all** questions in Section A and **three** questions from Section B.  
 Write your answers to Section A in the Question Paper.  
 Write your answers to Section B in the Answer Booklet provided.  
 Use the treasury tag provided to attach your Answer Booklet to the Question Paper at the end of the examination.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 80.  
 Quality of written communication will be assessed in Questions **6–9**.  
 Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
6	
7	
8	
9	
<b>Total Marks</b>	

Examiner Only	
Marks	Remark

- 
- [1]

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- [2]

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[2]

**(b)** Name **three** non-modifiable risk factors for cardiovascular disease.

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[3]

(c) Explain the relationship between:

**(i) high sodium intake and cardiovascular disease**

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[4]

(ii) smoking and cardiovascular disease.

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[4

Examiner Only	
Marks	Remarks

3 Describe the possible impact of shift work on eating patterns.

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[6]

4 Outline some of the barriers that students living away from home face when trying to make healthy food choices.

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[5]

Examiner Only	
Marks	Remark



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[6]

**[Turn over**





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