



General Certificate of Secondary Education  
2017

Centre Number

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Candidate Number

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## Health and Social Care: Single Award

Unit SA2:  
Personal Development

[GHS21]

MV18

**WEDNESDAY 21 JUNE, AFTERNOON**

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### Time

1 hour 30 minutes, plus your additional time allowance.

### Instructions to Candidates

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

Complete in black ink only.

Answer **all three** questions.

### Information for Candidates

The total mark for this paper is 100.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **2(f)(i)**, **3(d)** and **3(e)**.

1



Caroline, aged 21, is a single parent. She lives in an apartment with her son Mark who is three months old.

(a) Complete the table below to identify the age ranges of the life stages Caroline and Mark are in. [4 marks]

Caroline	Early adulthood	from _____ to _____ years
Mark	Infancy	from _____ to _____ years

(b) Write down the type of relationship between Caroline and Mark. [1 mark]

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(c) Caroline is in the life stage of early adulthood.

Identify two examples of physical development during this life stage. [1 mark for each]

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

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**(d) (i)** Using the following headings, discuss how becoming a parent may have affected Caroline's personal development. [3 marks for each]

Physical development

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Intellectual development

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Emotional development

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## Social development

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(ii) Explain two types of support Caroline may be given by her family to help her cope with the life change of becoming a parent. [2 marks for each]

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2. \_\_\_\_\_

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**(e)** Caroline has a low income as she is no longer working.

Discuss how having a low income may affect Caroline's emotional development. [3 marks]

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**(f)** Mark is in the life stage of infancy.

Discuss the expected patterns of emotional and social development during this life stage. [3 marks for each]

Emotional development

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## Social development

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**(g)** Identify two ways genetic inheritance may affect Mark's growth and development. [1 mark for each]

1. \_\_\_\_\_

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2. \_\_\_\_\_

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2



Aine, Katie, Sean and Harry, aged 17, attend the same school and are good friends.

(a) They are in the life stage of adolescence which is from \_\_\_\_\_ years to \_\_\_\_\_ years. [2 marks]

(b) Discuss the expected pattern of intellectual development during adolescence. [3 marks]

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(c) Explain how each of the following factors may affect Aine's self-concept in a negative way.  
[2 marks for each]

Appearance

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Sexual orientation

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(d)



Katie sometimes uses illegal drugs.

Using the headings below, discuss how this may affect her health and well-being in the longer term.  
[3 marks for each]

Effect on physical health and well-being

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Effect on mental health and well-being

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(e) Sean has good relationships with his friends.

Discuss how this may positively affect his emotional and social development. [3 marks for each]

Effect on emotional development

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Effect on social development

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(ii) Harry needs support to help him cope with the effects of bereavement.

Explain two types of support his friends may provide to help Harry cope with bereavement.  
[2 marks for each]

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2. \_\_\_\_\_

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**3** Erik, aged 66, is married and has three grown up children.

**(a)** Erik is in the life stage of later adulthood which is

\_\_\_\_\_ + years. [1 mark]

**(b)** Erik moved from Romania to Northern Ireland ten years ago to be close to his children and grandchildren. Write down four ways they may have helped him to cope with this life change. [1 mark for each]

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

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4. \_\_\_\_\_

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**(c)** Discuss how culture/ethnicity may affect Erik's self-concept. [3 marks]

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**THIS IS THE END OF THE QUESTION PAPER**

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Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

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