



Rewarding Learning

General Certificate of Secondary Education
January 2019

Centre Number

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Candidate Number

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Health and Social Care: Single Award

Unit SA2:
Personal Development



[GHS21]

GHS21

FRIDAY 18 JANUARY, AFTERNOON

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in black ink only. **Do not write with a gel pen.**

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **2(c)**, **3(d)(ii)** and **3(e)**.



- 1 Jonathan, aged 29, and his partner Kate, aged 27, have two children, a daughter Naomi who is 9 years old and a son Jack who is six weeks old.

(a) Complete the table below to identify the life stages and age ranges of the family.

Family member	Life stage	Age range
Jonathan		From ___ to ___ years
Naomi	Childhood	From 4 to ___ years
Jack	Infancy	From ___ to 3 years

[5]

(b) Naomi is in the life stage of childhood.

- (i) Using the following headings, discuss the expected patterns of growth and development during childhood.

Physical growth and development

[3]



Social growth and development

[3]

(ii) Naomi is very unhappy as she is being bullied by three girls in her class.

Explain how Naomi's emotional and intellectual development may be affected by being bullied.

Emotional development

[2]

Intellectual development

[2]

[Turn over



(c) Identify the type of relationship between:

Kate and Jonathan _____ [1]

Kate and Naomi _____ [1]

(d) Discuss how Kate's gender may affect her self-concept.

[3]



(e)



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Jonathan enjoys his job as an electrician.

Explain how employment may have a positive effect on Jonathan's self-esteem.

[2]

(f) Jack is in the life stage of infancy.

(i) Discuss the expected pattern of intellectual development in this life stage.

[3]

[Turn over



(ii) Jack and his family have good access to health services as they live close to their health centre.

Discuss how this may have a positive effect on Jack's physical health and well-being.

[3]





2 James and Sarah, both aged 84, have been married for 59 years. They have three grown-up children and eight grandchildren who live quite close to them.

(a) James and Sarah are in the life stage of later adulthood which is

_____ + years.

[1]

(b) Discuss how Sarah's age and appearance could affect her self-concept.

Age

[3]

Appearance

[3]

[Turn over



(d)



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Sarah recently fell and broke her arm.

(i) Use the following headings to explain how a healthcare professional may help Sarah cope with her injury.

Emotional support

[2]

Advice

[2]

Medical care

[2]



(ii) Discuss how Sarah's family could offer her practical help while she is recovering from her injury.

[3]

(e) James and Sarah have a low income.

(i) Explain **two** ways having a low income may affect James and Sarah's physical health and well-being.

1. _____

[2]

2. _____

[2]

[Turn over



(ii) Explain how having a low income may affect James and Sarah's mental health and well-being.

[2]





3 Stefan, aged 41, has two children, Alex who is 17 years old and Ana who is 11 years old. Alex and Ana both attend the local secondary school. The family lives in a large city.

(a) (i) Stefan is in the life stage of _____ adulthood which is from _____ years to 64 years. [2]

(ii) Stefan's wife died as the result of a road traffic accident.

Explain **two** ways bereavement may have affected his emotional development.

1. _____

_____ [2]

2. _____

_____ [2]

[Turn over



(b) Alex and Ana are in the life stage of adolescence.

(i) Discuss the expected pattern of emotional development during this life stage.

[3]

(ii) Discuss how you would expect Ana to develop physically during this life stage.

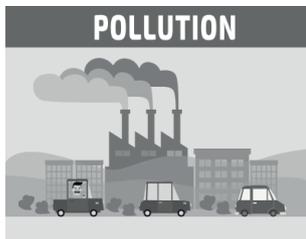
[3]



(iii) Discuss how education may affect Ana's self-concept.

[3]

(c)



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Explain **two** ways pollution, caused by living in a large city, may affect the family's health and well-being.

1. _____

[2]

2. _____

[2]

[Turn over



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Question Number	Marks
1	
2	
3	
Total Marks	

Examiner Number

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