



General Certificate of Secondary Education
2012

Health and Social Care: Single Award

Unit SA2: Personal Development

[GHS21]

FRIDAY 8 JUNE, AFTERNOON



Centre Number

71

Candidate Number

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.
Answer **all five** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question. Quality of written communication will be assessed in questions **4(e)**, **5(a)** and **5(b)**.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
Total Marks	

(d) Laura enjoys walking, swimming and going to yoga classes.



(i) Explain how taking part in these activities may have a positive effect on Laura's **social** development.

 [2]

(ii) Explain two different ways exercise may have a positive effect on Laura's **physical** health.

1.

 [2]

2.

 [2]

Examiner Only	
Marks	Remark

(ii) Gavin enjoys his job as a fireman.

Discuss how employment (working as a fireman) may have a positive affect on Gavin's self-esteem.

[3]

Examiner Only	
Marks	Remark

2 The Badel family has moved from India to Northern Ireland. This was a major life change for the family and their friends were a source of support.

(a) Explain three **different** types of support that may have been given to the family by their friends in India to help them cope with this life change.

1. _____

 _____ [2]

2. _____

 _____ [2]

3. _____

 _____ [2]

(b) The Badels have two sons, Rahul aged 12, and Arun aged 8, and a daughter, Sana aged 14.

(i) Write down the type of relationship between Rahul and Sana.
 _____ [1]

(ii) Rahul and Sana are in the life stage of adolescence which is from ____ years to 18 years. [1]

Examiner Only	
Marks	Remark

(iii) Write down three different ways you would expect Rahul to develop **physically** during adolescence.

1. _____ [1]

2. _____ [1]

3. _____ [1]

(iv) Explain what testosterone is.

_____ [2]

(v) Discuss how emigrating from India to Northern Ireland may have had a negative effect on Sana's **social** development.

_____ [3]

Examiner Only	
Marks	Remark

(c) (i) Arun is in the life stage of childhood which is from _____ to 10 years.

[1]

(ii) Describe the expected patterns of **physical** and **emotional** development during this life stage.

Physical development

[3]

Emotional development

[3]

Examiner Only	
Marks	Remark

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