



General Certificate of Secondary Education
2015

Centre Number

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Candidate Number

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Health and Social Care: Single Award

Unit SA2: Personal Development

[GHS21]

FRIDAY 12 JUNE, MORNING



GHS21

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in questions **2(b)**, **2(e)(i)** and **3(e)**.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

1



Rachel is 82 years old.

(a) Rachel is in the life stage of later adulthood which is _____ + years. [1]

(b) (i) Write down four examples of physical development during later adulthood.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

(ii) Discuss the expected pattern of intellectual development during this life stage.

_____ [3]

Examiner Only	
Marks	Remark

(c) Rachel's health and well-being is affected by a range of factors.

Discuss how the following factors may positively affect Rachel's physical health and well-being.

Housing conditions

[3]

Access to health services

[3]

(d) Identify four different types of relationships Rachel may have had throughout her life.

1. _____ [1]
2. _____ [1]
3. _____ [1]
4. _____ [1]

Examiner Only	
Marks	Remark

(e) Use the table below to explain how Rachel's age could affect her self-concept.

Positive effect	Negative effect
[2]	[2]

Examiner Only	
Marks	Remark

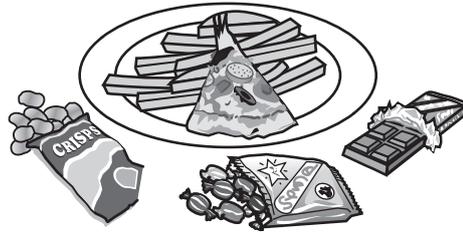
(f) Alicia, aged 5, is Rachel's great-granddaughter.

(i) Alicia is in the life stage of _____ . [1]

(ii) Discuss the expected pattern of emotional development during Alicia's current life stage.

[3]

(iii)



Alicia snacks on chocolate, sweets and crisps. She rarely eats fruit or vegetables and her favourite dinner is pizza and chips.

Explain three different ways Alicia's physical health may be affected by her diet.

1. _____

_____ [2]

2. _____

_____ [2]

3. _____

_____ [2]

Examiner Only	
Marks	Remark

(c)



Jamie smokes twenty cigarettes a day.

Discuss how this may affect his physical health and well-being.

[3]

(d) Carolina moved from Hungary to Northern Ireland six months ago.

Explain how Carolina's culture/ethnicity may have a negative effect on her self-esteem and level of education.

Effect on self-esteem

[2]

Effect on level of education

[2]

Examiner Only	
Marks	Remark

(f) Genetic inheritance affects the growth and development of an individual.

Explain two different ways growth and development may be affected by genetic inheritance.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(d) Discuss how Colin's physical and emotional development may be affected by the abuse he is experiencing.

Physical development

[3]

Emotional development

[3]

Examiner Only	
Marks	Remark

- (f) (i) Colin may need support to help him cope with the effects of divorce.

Explain three types of support Colin's family and friends may provide to help him cope.

1. _____

 _____ [2]

2. _____

 _____ [2]

3. _____

 _____ [2]

- (ii) Identify two other sources of support that may help Colin to cope with the effects of divorce.

1. _____ [1]

2. _____ [1]

THIS IS THE END OF THE QUESTION PAPER

Examiner Only	
Marks	Remark

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