



General Certificate of Secondary Education  
2018

Centre Number

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Candidate Number

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# Health and Social Care: Single Award

Unit SA2:  
Personal Development



[GHS21]

\*GHS21\*

**WEDNESDAY 13 JUNE, AFTERNOON**

## TIME

1 hour 30 minutes.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in black ink only. **Do not write with a gel pen.**

Answer **all three** questions.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Quality of written communication will be assessed in Questions **2(a)(v)**, **3(b)(ii)** and **3(d)(ii)**.



1



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Sami, aged 31, and his wife, Ola, aged 29, moved from Syria to Northern Ireland two months ago to escape the war in their own country.

They have twin boys Adnan and Joram, aged 4. The family can speak English.

(a) Sami and Ola are in the life stage of early adulthood, which is

from \_\_\_\_\_ years to \_\_\_\_\_ years. [2]

(b) (i) Complete the table below to identify the types of relationships Ola has.

Ola's relationships with	Type of relationship
Sami	
Adnan and Joram	

[2]



(ii) Explain how each of the following factors may have a negative effect on Ola's self-concept.

Appearance

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[2]

Gender

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[2]



(c) (i) Using the information provided, write down two life changes Sami has experienced.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(ii) Discuss how Sami's culture/ethnicity may have a negative effect on his employment prospects.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]

(d) Adnan and Joram are in the life stage of childhood.

(i) Childhood is from 4 years to \_\_\_\_\_ years. [1]

(ii) Discuss the expected pattern of emotional development during this life stage.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [3]



(iii) Adnan and Joram are starting school in the new term.

Using the following headings, discuss how starting school may positively affect their personal development.

Intellectual development

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[3]

Emotional development

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[3]

Social development

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[3]

[Turn over



(iv) Use the headings below to explain how Adnan and Joram's mother may help them cope with starting school.

Emotional support

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[2]

Practical help

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[2]



2 Jack, aged 52, has worked for 25 years in an aircraft factory and, due to falling orders, is being made redundant at the end of the year.



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(a) (i) Jack is in the life stage of middle adulthood, which is from 40 years to \_\_\_\_\_ years. [1]

(ii) Discuss the expected pattern of physical development during this life stage.

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(iii) Write down the type of relationship between Jack and his supervisor. [1]

[Turn over



(iv) Discuss how redundancy may have a negative effect on Jack's emotional development.

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[3]

(v) Jack takes regular exercise and eats a healthy diet, but he smokes 20 cigarettes a day.

Analyse how these three factors may affect Jack's physical health and well-being.

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(b) Jack's mother Molly, aged 84, is in the life stage of later adulthood.

(i) Later adulthood is \_\_\_\_\_ + years. [1]

(ii) Discuss how Molly's age may have a positive effect on her self-concept.

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[3]

(iii) Discuss the expected pattern of intellectual development during later adulthood.

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[3]

[Turn over



(iv) As Molly is over 75, she has a health check every year by her GP.

Use the following headings to explain how this may have a positive effect on her health and well-being.

Effect on physical health and well-being

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[2]

Effect on mental health and well-being

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[2]

(v) Molly has a close relationship with her children and grandchildren and enjoys spending time with them.

Discuss how these relationships may have a positive effect on Molly's emotional development.

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[3]



3 Jamie and Clare, both aged 28, have full-time jobs and are getting married next year. They have a ten-month-old baby girl called Shannon.



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(a) Discuss Clare's expected pattern of social development in her current life stage.

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[3]

[Turn over







(c) Use the headings below to explain how Jamie and Clare’s friends may help them cope with the life change of marriage.

Advice

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[2]

Practical help

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[2]

(d) (i) Shannon is in the life stage of infancy, which is from

\_\_\_\_\_ to \_\_\_\_\_ years. [2]







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**THIS IS THE END OF THE QUESTION PAPER**

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For Examiner's use only	
Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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Examiner Number

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