



ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2019

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3
assessing
Health and Well-being

MV18

[SHC31]
TUESDAY 14 MAY, AFTERNOON

Time

2 hours, plus your additional time allowance.

Instructions to Candidates

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write on blank pages.

Complete in black ink only.

Answer **all three** questions.

Information for Candidates

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)** and **3(g)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 (a) Define the following terms.

Health [2 marks]

Ill-health [2 marks]

(b) Other than running health promotion campaigns, explain two ways the Public Health Agency contributes to health and well-being. [2 marks for each]

1. _____

2. _____

(c) Use the headings below to write down ways individuals may take responsibility for their own health and well-being.

Accessing health and social care services

[1 mark for each]

1. _____

2. _____

Self-advocacy

[1 mark for each]

1. _____

2. _____

(d) One approach to health promotion is the social change approach.

Complete the following to describe this approach and to explain its strengths and weaknesses.

A description of the social change approach [3 marks]

Two strengths of this approach [2 marks for each]

1. _____

2. _____

Two weaknesses of this approach [2 marks for each]

1. _____

2. _____

(e) Discuss how **one** current Public Health Agency health promotion campaign gets its message across to meet its objectives. [9 marks]

2 A variety of socio-economic, physical, environmental and behavioural factors are known to impact on the physical, social and psychological health and well-being of individuals.

(a) One socio-economic factor is culture and ethnicity.

Explain **one** way this can affect each of the following.

Physical health and well-being [2 marks]

Social health and well-being [2 marks]

(b) List **two** other socio-economic factors that can affect health and well-being. [1 mark for each]

1. _____
2. _____

(c) Physical factors include genetically inherited conditions. Name **one** such condition and describe how it affects physical and social health and well-being.

Name of condition [1 mark]

How it affects physical health and well-being
[3 marks]

How it affects social health and well-being [3 marks]

(d) Pollution is an environmental factor that can affect health and well-being. Explain **two** ways pollution might affect physical health and well-being.
[2 marks for each]

1. _____

2. _____

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(Questions continue overleaf)

(e) Exercise is a behavioural factor that affects all aspects of health and well-being. Discuss how exercise might affect the health and well-being of an individual. [12 marks]

3 Sarah, aged 59, a manager in a Belfast health centre, has always been an active and sociable person. She recently developed a type of arthritis that can cause her a great deal of pain and negatively affects her mobility. Sarah has three adult children. Philip, her youngest son, has a learning disability. He lives locally in supported living accommodation where a team of social care staff help to look after the eight young adults with learning disabilities who live there.

(a) Explain **two** ways Sarah's ill-health could affect her psychological well-being. [2 marks for each]

1. _____

2. _____

(b) Assess the potential effects of Sarah's ill-health on her income and leisure activities. [6 marks]

(c) Voluntary organisations have helped both Sarah and Philip. Sarah has been given information about her arthritis and Philip is living in supported living accommodation provided by a voluntary organisation.

Using examples, describe **two** other ways voluntary organisations contribute to health and well-being for people in Northern Ireland. [3 marks for each]

Example 1

Example 2

(d) Sarah worries that Philip has to cope with prejudice.
Explain what is meant by the term prejudice.
[2 marks]

(e) Describe **one** example of how young adults with learning disabilities can be discriminated against in a healthcare setting like a health centre or hospital.
[3 marks]

(f) Describe **two** ways a manager in a healthcare setting can promote anti-discriminatory practice for service users with learning disabilities.
[3 marks for each]

1. _____

2. _____

(g) Analyse how Philip's needs can be met by the staff in his supported living accommodation. [12 marks]

This is the end of the question paper

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Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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