



General Certificate of Secondary Education  
2018

Centre Number

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Candidate Number

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# Learning for Life and Work: Modular

Unit 4  
Personal Development

<b>MV18</b>
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[GLW51]

**FRIDAY 11 MAY, AFTERNOON**

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## **Time**

45 minutes, plus your additional time allowance.

## **Instructions to Candidates**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write on blank pages.**

Complete in black ink only.

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

## **Information for Candidates**

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

## Section A

Answer **all** questions in this section.

**This question is about building and maintaining healthy relationships.**

- 1 (a) Write down **one** way to improve communication between family members. [1 mark]

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- (b) Identify and explain **one** way parents may encourage their teenage children to share responsibility. [2 marks]

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- (c) Identify and explain **one** way tolerance may help maintain a healthy relationship. [2 marks]

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**This question is about understanding the role and responsibilities of parenting.**

**2 (a)** Write down **one** way a parent may provide a safe environment for a child. [1 mark]

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**(b)** Identify **and** explain **one** way a parent may develop a young child's morals. [2 marks]

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**(c)** Identify **and** explain **one** possible emotional issue faced by a young mother. [2 marks]

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**This question is about maximising and sustaining health and well-being.**

**3 (a)** Write down **two** reasons why some people may find it difficult to follow a balanced diet. [1 mark for each]

1. \_\_\_\_\_

2. \_\_\_\_\_

**(b)** Explain **two** ways a person's economic situation may affect physical health. [2 marks for each]

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(c) Explain **two** disadvantages of using a self-help group to support a person with an addiction.  
[2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Section B

Answer **all** questions in this section.

**4** Read **Source A** and use it to help you answer this question.

(a) Explain **two** ways image may be important to a young person. [2 marks for each]

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





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**THIS IS THE END OF THE QUESTION PAPER**

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For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
<b>Total Marks</b>	

Examiner Number

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## Source A

## Insert: Personal Development

For use with Questions 4 and 5.

### Source A

#### Young People's Attitudes

Young people are very aware of how important image is in their lives. For example, image may reflect an aspect of a young person's personality by belonging to a particular group identity by the clothes they wear.

Some young people's self-esteem may be affected by sexual orientation and the effects may be long lasting. Some young people are very confident about their sexual orientation and are happy with who they are.



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The media such as television, radio and magazines has helped shape the attitudes and behaviour of young people, including their views on relationships. Some examples include the role of celebrities, young people's television programmes and models in magazines.

Source: Chief Examiner