



General Certificate of Secondary Education
2018

Centre Number

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Candidate Number

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Learning for Life and Work: Modular

Unit 4

Personal Development



[GLW51]

GLW51

FRIDAY 11 MAY, AFTERNOON

TIME

45 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in black ink only. **Do not write with a gel pen.**

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



Section A

Answer **all** questions in this section.

This question is about building and maintaining healthy relationships.

1 (a) Write down **one** way to improve communication between family members.

_____ [1]

(b) Identify and explain **one** way parents may encourage their teenage children to share responsibility.

_____ [2]

(c) Identify and explain **one** way tolerance may help maintain a healthy relationship.

_____ [2]



This question is about understanding the role and responsibilities of parenting.

2 (a) Write down **one** way a parent may provide a safe environment for a child.

_____ [1]

(b) Identify **and** explain **one** way a parent may develop a young child's morals.

_____ [2]

(c) Identify **and** explain **one** possible emotional issue faced by a young mother.

_____ [2]

[Turn over



This question is about maximising and sustaining health and well-being.

3 (a) Write down **two** reasons why some people may find it difficult to follow a balanced diet.

1. _____ [1]

2. _____ [1]

(b) Explain **two** ways a person's economic situation may affect physical health.

1. _____

_____ [2]

2. _____

_____ [2]

(c) Explain **two** disadvantages of using a self-help group to support a person with an addiction.

1. _____

_____ [2]

2. _____

_____ [2]



Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** ways image may be important to a young person.

1. _____

_____ [2]

2. _____

_____ [2]

[Turn over



THIS IS THE END OF THE QUESTION PAPER

DO NOT WRITE ON THIS PAGE

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

Total Marks	
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Examiner Number

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2018

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Unit 4
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[GLW51]
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SOURCE A

Insert: Personal Development

For use with Questions 4 and 5.

SOURCE A

Young People's Attitudes

Young people are very aware of how important image is in their lives. For example, image may reflect an aspect of a young person's personality by belonging to a particular group identity by the clothes they wear.

Some young people's self-esteem may be affected by sexual orientation and the effects may be long lasting. Some young people are very confident about their sexual orientation and are happy with who they are.

The media such as television, radio and magazines has helped shape the attitudes and behaviour of young people, including their views on relationships. Some examples include the role of celebrities, young people's television programmes and models in magazines.



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