



*Rewarding Learning*

General Certificate of Secondary Education  
January 2015

Centre Number

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Candidate Number

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## Learning for Life and Work: Modular

Unit 4

Personal Development

[GLW51]



WEDNESDAY 7 JANUARY, MORNING

### TIME

45 minutes, plus your additional time allowance.

### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. **Do not write in pencil or with a gel pen.**

The insert (containing **Source A**) is to be used for Questions 4 and 5 in **Section B**.

Answer **all** questions in this paper.

### INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

### Section A

Answer **all** questions in this section.

**This question is about the concept of self.**

1 (a) Write down **one** skill a young person can use when working in a group.

\_\_\_\_\_ [1]

(b) Write down **and** explain **one** effect sexual orientation could have on a person's self-confidence.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Write down **and** explain **one** way television may influence a young person's attitude.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

This question is about building and maintaining healthy relationships.

2 (a) Write down **one** way a parent can encourage a child to become more independent.

\_\_\_\_\_ [1]

(b) Explain **one** reason communication skills are important in maintaining a healthy relationship.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Explain **one** way relationships between brothers and sisters can be difficult in a family.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over

This question is about maximising and sustaining health and well-being.

3 (a) Write down **two** things a person could do to help themselves to lose weight if they are obese.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(b) Write down **and** explain **two** reasons why a teenager may eat convenience food.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Write down **and** explain **two** ways a young person's emotional health may be affected by relationship difficulties with parents.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

### Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** benefits of buying a new household item.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over











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**THIS IS THE END OF THE QUESTION PAPER**

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**DO NOT WRITE ON THIS PAGE**

**DO NOT WRITE ON THIS PAGE**

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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# **SOURCE A**

## Insert: Personal Development

For use with Questions 4 and 5.

### SOURCE A

#### Buying and maintaining a Home

House prices in Northern Ireland have dropped significantly in price due to an economic recession. This has made buying a home more affordable for some young couples.

There are many things to consider when buying a house such as which bank will lend you money, the size of the deposit for the house, solicitor fees, mortgage payments, timescale of mortgage, house insurance and household bills such as heat and food.

Many young couples starting off in a new home may need to purchase new household items such as a washing machine and a fridge. There are many benefits to purchasing new items such as they are more likely to last longer. New items also come with a warranty or guarantee should anything go wrong.



It is essential a monthly budget is created to make sure all the household bills are paid on time to avoid falling into debt.

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