



Rewarding Learning

General Certificate of Secondary Education
2013

Centre Number

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Candidate Number

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Learning for Life and Work: Modular

Unit 4

Personal Development

[GLW51]



FRIDAY 10 MAY, AFTERNOON

TIME

45 minutes, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Complete in blue or black ink only. **Do not write in pencil or with a gel pen.**

The insert (containing Source A) is to be used for Questions 4 and 5 in Section B.

Answer **all** questions in this paper.

INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

This question is about concept of self.

3 (a) Write down **two** realistic targets for a young person who wants to achieve good GCSE grades.

1. _____ [1]

2. _____ [1]

(b) Write down **and** explain **two** ways a young person could deal with bullying.

1. _____

_____ [2]

2. _____

_____ [2]

(c) Write down **and** explain **two** reasons why a young person might want to diet.

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only

Marks Remark

Total Question 3

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For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

Total Marks	
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Examiner Number

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[GLW51]

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GLW51

SOURCE A

Insert: Personal Development

For use with Questions 4 and 5.

SOURCE A

Illegal Drugs

Some young people take illegal drugs such as cannabis, ecstasy and cocaine for a variety of reasons such as peer pressure, boredom, curious to experiment and to escape the pressure and stress both at home and school.

There are other ways to deal with stress such as joining a local sports club or gym where the young person could try new activities and make new friends. This gives a young person something to look forward to and helps the person forget about problems.

Taking illegal drugs can cause physical, emotional and social health problems affecting the young person both at home and at school. Some of these effects can last a long time and may require the young person to seek help and support.

If a young person was concerned about taking illegal drugs they could join a local self-help group which could provide help, support and guidance to assist them to stop illegal drug use.

Source: Own Source