



General Certificate of Secondary Education  
2016

Centre Number

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Candidate Number

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# Learning for Life and Work: Modular

Unit 4  
Personal Development

[GLW51]

**FRIDAY 13 MAY, AFTERNOON**



## TIME

45 minutes, plus your additional time allowance.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in blue or black ink only.

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

### Section A

Answer **all** questions in this section.

**This question is about recognising, assessing and managing risk.**

1 (a) Write down **one** example of risk taking behaviour.

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[1]

(b) Write down and explain **one** way risk taking behaviour may be avoided with parental support.

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[2]

(c) Write down and explain **one** bad thing about using social networking.

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[2]

This question is about understanding the roles and responsibilities of parenting.

2 (a) Write down **one** way a teenage mother may get financial help with a newborn baby.

\_\_\_\_\_ [1]

(b) Explain **one** way a parent could help a child's social skills.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Explain **one** way a parent could encourage a child to do their homework.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over

This question is about maximising and sustaining health and well-being.

3 (a) Write down **two** ways family genes may affect a young person's physical appearance.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(b) Write down **and** explain **two** ways a person's emotional health may be affected by moving house.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Write down **and** explain **two** reasons why you would stop junk food advertisements being shown during children's television programmes.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

### Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** reasons why it is good for a young person to successfully achieve a personal goal.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over





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**THIS IS THE END OF THE QUESTION PAPER**

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**DO NOT WRITE ON THIS PAGE**

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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[GLW51]  
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GLW51

**SOURCE A**

## Insert: Personal Development

For use with Questions 4 and 5.

### SOURCE A

#### Setting Goals

If a young person sets a personal goal and achieves this goal this will help to make the young person feel good about themselves. This may increase their self-confidence. If you know what you want to achieve in life you may not be put off.

Many young people are involved in teams working together to achieve something. For example, to raise money for charity or play as a member in a sports team. The young person can learn many new skills including how to play an important role in a team.

Some of the strategies used for dealing with exam stress may not work for every young person who studies for GCSE exams. A young person may draw up a revision plan, organise notes in a particular way, play sport or keep a healthy mind and body to help deal with the stress of examinations. Young people may take advice and listen to people who have experience.



Source: Chief Examiner