



General Certificate of Secondary Education  
2016

Centre Number

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Candidate Number

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# Learning for Life and Work: Modular

Unit 4

Personal Development



[GLW51]

\*GLW51\*

FRIDAY 13 MAY, AFTERNOON

## TIME

45 minutes.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in blue or black ink only. **Do not write with a gel pen.**

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



### Section A

Answer **all** questions in this section.

**This question is about recognising, assessing and managing risk.**

1 (a) Write down **one** example of risk taking behaviour.

\_\_\_\_\_ [1]

(b) Identify and explain **one** way risk taking behaviour may be avoided with parental support.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Identify and explain **one** disadvantage of using social networking.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



This question is about understanding the roles and responsibilities of parenting.

2 (a) Write down **one** way a teenage mother may receive financial help with a newborn baby.

\_\_\_\_\_ [1]

(b) Explain **one** way a parent may support a child's social skills.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Explain **one** way a parent may encourage a child to complete their homework.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over



This question is about maximising and sustaining health and well-being.

3 (a) Write down **two** ways family genes may affect a young person's physical appearance.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(b) Identify **and** explain **two** ways a person's emotional health may be affected by moving house.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Identify **and** explain **two** reasons for banning junk food advertisements during children's television programmes.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



### Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** benefits of a young person successfully achieving a personal goal.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over







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**THIS IS THE END OF THE QUESTION PAPER**

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**DO NOT WRITE ON THIS PAGE**

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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GLW51

**SOURCE A**

## Insert: Personal Development

For use with Questions 4 and 5.

### SOURCE A

#### Setting Goals

If a young person sets a personal goal and achieves this goal this will help to make the young person feel good about themselves. This may increase their self-confidence. If you know what you want to achieve in life you may not be put off.

Many young people are involved in teams working together to achieve something. For example, to raise money for charity or play as a member in a sports team. The young person can learn many new skills including how to play an important role in a team.

Some of the strategies used for dealing with exam stress may not work for every young person who studies for GCSE exams. A young person may draw up a revision plan, organise notes in a particular way, play sport or keep a healthy mind and body to help deal with the stress of examinations. Young people may take advice and listen to people who have experience.



Source: Chief Examiner