



General Certificate of Secondary Education  
2017

Centre Number

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Candidate Number

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# Learning for Life and Work: Modular

Unit 4

Personal Development



[GLW51]

\*GLW51\*

FRIDAY 12 MAY, MORNING

## TIME

45 minutes.

## INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

**You must answer the questions in the spaces provided.**

**Do not write outside the boxed area on each page or on blank pages.**

Complete in black ink only. **Do not write with a gel pen.**

The insert (containing **Source A**) is to be used for Questions **4** and **5** in **Section B**.

Answer **all** questions in this paper.

## INFORMATION FOR CANDIDATES

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions **4** and **5**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.



### Section A

Answer **all** questions in this section.

**This question is about maximising and sustaining health and well-being.**

1 (a) Write down **one** way a young person's social health may be affected by illness.

\_\_\_\_\_ [1]

(b) Identify and explain **one** way obesity may be prevented.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Identify and explain **one** way family genes may affect appearance.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



This question is about the concept of self.

2 (a) Write down **one** way a group of students may evaluate an organised event in school.

\_\_\_\_\_ [1]

(b) Identify **and** explain **one** way a school may positively affect a young person's behaviour.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Identify **and** explain **one** way friendships may promote self-confidence.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over



This question is about recognising, assessing and managing risk.

3 (a) Write down **two** ways to avoid risk taking behaviour.

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

(b) Explain **two** risks for a young person taking drugs and driving.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

(c) Explain **two** ways a young person's status within a group may encourage risk taking behaviour.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]



### Section B

Answer **all** questions in this section.

4 Read **Source A** and use it to help you answer this question.

(a) Explain **two** consequences of unexpected spending for a family.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

[Turn over







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**THIS IS THE END OF THE QUESTION PAPER**

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**DO NOT WRITE ON THIS PAGE**

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	

<b>Total Marks</b>	
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Examiner Number

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2017

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[GLW51]  
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GLW51

**SOURCE A**

**Insert: Personal Development**

**For use with Questions 4 and 5.**

**SOURCE A**

**Debt and Shopping**

A family have to budget for unexpected expenses such as a car breaking down or a heating system, such as a boiler breaking down. This may cause debt, making it difficult for a family to pay essential bills.

A young person who ends up in debt may start to keep to a budget and track spending to try and pay money back. Another way to deal with debt is to seek free advice from the Citizens Advice Bureau.

Debit cards have many advantages as they are convenient and easy to use when out shopping, rather than using cash to purchase goods.

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*Source: Chief Examiner*