

# Cambridge National Child Development

Unit **R018/01:** Health and well-being for child development Level 1/2 Cambridge National Certificate in Child Development

Mark Scheme for June 2017

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

OCR will not enter into any discussion or correspondence in connection with this mark scheme.

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These are the annotations, (including abbreviations), which are used when marking R018

Annotation	Meaning of annotation
BP	Blank Page – this annotation <b>must</b> be used on all <b>blank</b> pages within an answer booklet (structured or unstructured) and on each page of an additional object where there is no candidate response.
<b>✓</b>	Tick – correct answer
×	Cross – incorrect answer
<b>√</b> .	Development of point (only for use on questions where stated in the mark scheme)
LI	Level 1
L2	Level 2
L3	Level 3
BOD	Benefit of doubt (This <b>does</b> count as a mark – so do not 'tick' as well)
^	Omission mark
TV	Too vague
REP	Repeat
SEEN	Noted but no credit given / zero mark response
No Response (NR)	Award NR if the question has not been attempted

**ADDITIONAL OBJECTS:** You **must** annotate responses on any additional objects, as above. ('additional objects' are continuation sheets at the end.) If no credit is to be awarded for the answer written on the additional object, please use the annotation 'seen'. If the page is blank use 'BP'

Question		n	Answer/Indicative content	Mark	Guidance
1	(a)		One mark.	1 (1x1)	The number of ticks must match the number of marks awarded. For <b>incorrect</b> answers use the <b>cross</b> .
			• up to 1 year		Accept 10 months – 1 year.

Question	Answer/Indicat	ive content	Mark	Guidance
1 (b)	One mark for correct identification	1.	1 (1x1)	The number of ticks must match the number of marks awarded. For <b>incorrect</b> answers use the <b>cross</b> .
	Part of the menstrual cycle	Tick ✓ one only		This is the only acceptable answer.
	Days 1 – 11			If we are the are are a consuming timber to
	Days 12 – 16	✓		If more than one answer is ticked: No mark should be awarded.
	Days 17 – 28			

Question	Answer/Indicative content		Guidance	
1 (c)	Three signs or symptoms required, one mark each:  Signs / symptoms of pregnancy:  • missed period / periods stop  • breast changes – enlarged breasts / darkened skin around nipples / tenderness  • passing urine frequently  • tiredness  • nausea / sickness / morning sickness  • constipation  • feeling dizzy or faint  • sudden dislike of previously enjoyed food  • metallic taste in her mouth	1 (3x1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  Do not accept:  • food cravings • regular urination	

Question		on	Answer/Indicative content	Mark	Guidance
1	(d)		One reason required, one mark.	1 (1x1)	The number of ticks must match the number of marks awarded.
			<ul> <li>twins run in her family / family history of twins</li> <li>she is bigger than she should be for her dates</li> <li>she has had fertility treatment / IVF</li> <li>she is an older mother</li> </ul>		For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN

Qu	estion	Answer/Indicative content	Mark	Guidance
1	(e)	Four points, one mark each.	<b>4</b> (2x2)	The number of ticks must match the number of marks awarded.
		Identical twins:	(272)	For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		one egg is released		
		a single egg is fertilised and then divides in two		TV REP SEEN
		each develops into an individual		
		the twins are always the same sex		2 marks for identical twins 2 marks for non-identical twins
		have identical inherited genes		2 mand for non-identical time
		Non-identical twins:		
		two eggs are released instead of one		
		both are fertilised by separate sperm		
		twins are no more alike than any other children in the family		
		can be the same sex or a boy and a girl		
		are called 'fraternal' twins		

Qι	estion	Answer/Indicative content	Mark	Guidance
2	(a)	Two explanations required, two marks each.	<b>4</b> (2x2)	The number of ticks must match the number of marks awarded.
		familiarisation – helps overcome fear of the unknown / learning what's going to happen to her		For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		Kelly can act out what might happen – so she is prepared		TY REP SEEN
		Kelly can act out fears – helps reduce anxiety / less scary		
		role-play being a nurse / doctor – helps Kelly understand what they will do / doctors do the same		Two explanations required:  One mark – for a statement plus
		Gets Kelly used to the idea of going into hospital –familiarisation with type of equipment they use		One mark for the explanation  Do not credit repeated explanations.
		Prompts questions about what it will be like – parent can answer these to reassure her		

Question	Answer/Indicative content	Mark	Guidance
2 (b)	Three ways required, one mark each:  Ways parents could prepare Kelly for hospital:  take her on a hospital / ward visit / meet doctors and nurses  be honest in explanation of why she has to go into hospital  be honest in explaining what her treatment will involve  watch dvd with her about going into hospital  pack her case with her – get her involved  talk about it with her – encourage questions  dressing up and playing doctors and nurses / role play  read books / stories about staying in hospital  reassure / comfort her they will stay with her  pack her favourite toy / blanket that reminds her of home	3 (3x1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN  Do not credit: Repetition of stethoscope or similar hospital toys  Answers must be preparation for a hospital stay.

Question	Answer/Indicative Content	Marks	Guid	ance
Question	Answer/indicative content warks		Content	Levels of response
2 (c)*	Examples of what Kelly's parents could do:  break up the day with different activities  establish a routine – rest time, meal times, story time, play time, sleep etc  reading a story together  watch a dvd together – talk about it  jigsaw (or other toys)  puzzle / quiz  drawing / colouring books  treasure box  play games (on her bed)  singing  How intellectual needs are met:  mental stimulation / entertainment  interest  learn something new / getting her education  conversation / interaction  avoids boredom  stimulates imagination  breaks up the day, provides structure  Do not credit:  Examples of what the parents should not do.	8	Annotation: The number of ticks will not necessarily correspond to the marks awarded.  Level 3 checklist  detailed explanation  2 or more examples  linked to intellectual needs  understanding of Kelly's situation is evident  QWC – high  Level 2 checklist  sound explanation  at least 2 examples  link to intellectual needs  some understanding of Kelly's situation  at least 2 examples  link to intellectual needs  some understanding of Kelly's situation  sub-max if just examples  QWC – mid  Level 1 checklist  basic explanation  likely to identify examples with little or no explanation  basic information  may not be specifically linked to Kelly's situation  list like/muddled  QWC – low	Level 3 (7–8 marks)  Answers will provide a detailed explanation of examples of how Kelly's parents could meet her intellectual needs. There is a well-developed line of reasoning which is clear and logically structured. The information presented is relevant. There will be few errors, if any, of grammar, punctuation and spelling.  Level 2 (4–6 marks)  Answers will provide a sound explanation of examples of how Kelly's parents could meet her intellectual needs. There is a line of reasoning presented with some structure. The information presented is in the most part relevant. There may be some errors of grammar, punctuation and spelling.  Sub—max of 4 if just examples  Level 1 (1–3 marks)  Answers will provide a basic description of how Kelly's parents could meet her intellectual needs. List like answers should be placed in this level. Answers may be muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.  0 marks – response not worthy of credit

	Question	Answer/Indicative content	Mark	Guidance
3	(a)	Two explanations required. Two marks each.  Reasons Skye has a tantrum:	<b>4</b> (2x2)	The number of ticks must match the number of marks awarded.
		she is used to having sweets and chocolate from her grandparents – and does not understand why she has none  Skyp is confused, she isn't usually refused awarts/sheeplate.		For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		<ul> <li>Skye is confused – she isn't usually refused sweets/chocolate</li> <li>frustration – she doesn't like being told 'no' / can't have what she wants</li> </ul>		Two explanations required:  1 mark – for a statement
		attention seeking – due to boredom with the shopping		plus  1 mark for the explanation
		Skye is tired or hungry – less likely to handle emotions		Do not credit repeated explanations.

Question	Answer/Indicative content	Mark	Guidance
3 (b)	Why giving in is not a good way to deal with a tantrum:  • reinforces Skye's bad behaviour / getting her own way all the time  • leads to repeating the behaviour  • Skye learns she gets what she wants if she makes a fuss  • rewarding bad / un co-operative behaviour / will keep having tantrums  • Skye will not learn that sometimes she cannot have what she wants  • Skye continues to associate supermarket shopping with sweets and chocolate  • Skye needs to learn bad behaviour will not get rewards	<b>2</b> (2x1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN

Questic	Answer/Indicative content	Mark	Guidance
Questic 3		Mark 4 (2x2)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN  For each way: Two marks:  appropriate, realistic, way described  clearly shows understanding of the situation  One mark:  a way identified  limited or no description
	Be consistent with rules  no sweets or chocolates – stick to this to avoid confusion  speak to grandparents and suggest healthy alternatives Skye could have instead of sweets  Create some consequences  Jayne could say Skye will not be allowed to go shopping if she behaves like this  must follow through for it to work		

Question	Answer/Indicative content	Mark	Guidance	
Question 3 (d)	Five reasons. One mark each.  General  it is part of a balanced diet  it follows healthy eating guidelines  has incorporated most of the main food groups  eatwell guide  government guidelines / healthy tips  Grilled Home-made beef burger  Jayne controls what is in it, e.g. The amount of added salt  no chemical additives  can use lower/lean fat beef  can use organic, beef  source of protein for growth / repair  source of iron/ needed to make haemoglobin  High Biological Value (HBV) - protein containing all of the essential amino acids  grilling removes or reduces fat content  Peas  source of B vitamins/vitamins – prevents diseases  source of fibre for healthy digestive system  part of your 5-a-day  sources of protein (LBV)  Boiled new potatoes  lower fat than chips / are not fried  (starchy) carbohydrate for energy  source of B vitamins/vitamin C  Glass of milk  source of calcium for bones and teeth  no added sugar  no chemical additives  source of your 5-a-day  source of vitamins – prevention of disease  part of your 5-a-day  source of fibre for healthy digestive system  part of your 5-a-day  source of fibre for healthy digestive system  part of your 5-a-day  source of fibre for healthy digestive system  no added sugar	5 (5x1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  Any five different appropriate reasons.  Do not accept:  • repeats e.g. only accept: 'part of your 5-a-day' once  Detailed nutritional knowledge is not required, but can be credited.  If multiple answers are given, credit the first one on the line.	

Question	Answer/Indicative content	Mark	Guidance
4 (a)	Three advantages. One mark each.  Advantages of a home birth:  familiar surroundings mean the mother is more relaxed and in control  medical intervention is less likely  can have as many people present, or not, as liked  partner can spend more time with her and their baby  privacy guaranteed before, during and after the birth  mother and baby not disturbed by other babies crying  can follow own routine not that of a hospital ward  other children in the family are less disrupted, as their mother is not separated from them  more personalised care  likely to know the midwife better  can still have pain relief – gas & air, pethidine, use of TENS machine provided by midwife  quiet / calm environment / can sleep/rest	<b>3</b> (3x1)	The number of ticks must match the number of marks awarded.  For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN

Question	Answer/Indicative content	Mark	Guidance
4 (b)	Three reasons. One mark each.	<b>3</b> (3x1)	The number of ticks must match the number of marks awarded.
4 (b)	Three reasons. One mark each.  Reasons a hospital birth may be advised:  if there have been complications during pregnancy  women with placenta praevia  women who will need a caesarean section  if there has been a difficult birth in a previous pregnancy  babies likely to be born prematurely  babies who are likely to need special care  if the woman has a very small pelvis – as a caesarean section may be needed  if the woman has existing health problems, such as diabetes or obesity  high blood pressure / pre-eclampsia  if there is more than one baby  if the mother lives a long way from the hospital, in case of emergencies / quick response to emergencies  if an epidural is wanted for pain relief – has to be administered by an anaesthetist  if the medical staff believe the baby should be induced  very young mothers – under 16 years  first baby  baby in breech position	_	

Qu	estion	Answer/Indicative content	Mark	Guidance
4	(c)	Three marks for a description.	<b>3</b> (3x1)	The number of ticks must match the number of marks awarded.
		Why TENS is used for pain relief:	,	
		it provides an electrical stimulus that interferes with passage of pain signals to the brain / relieves pain		For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		may help the body to produce endorphins – natural pain-killing hormones		A TV REP SEEN
				Any three points.
		<ul> <li>hand held control which the mother can use to vary the strength of the stimulus</li> </ul>		
				Not 'how' TENS works – must be 'why' it is used.
		has no side effects for mother or baby / drug free		
		can be used at home or in hospital		
		the mother is in control of the pain relief		
		the mother can move around freely		
		quick and easy to use		

Que	stion	Answer/Indicative content	Mark	Guidance
4	(e)	Term identified. <b>One</b> mark.  • premature	1 (1x1)	The number of ticks must match the number of marks awarded. For incorrect answers use the cross.  Do not accept:
				<ul><li>prem</li><li>early</li></ul>

Questic	on		Answer/Indicative content		Mark	Guidance
4 (1	(f)	Two reflexes named Two descriptions. C			<b>4</b> (2x2)	The number of ticks must match the number of marks awarded.
		Name of reflex	Description			For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		grasping (grasp)	When an object is put into the baby's hand, it is automatically grasped.			X IV REP SEEN
	Walking (stepping)	rooting	When gently touched on the cheek, the baby's head turns in search of its mother's nipple.			For the description, wording does not have to exactly match that on the mark scheme.  For a named reflex or an accurate description
		When held upright with the feet touching a firm surface, babies will make forward stepping movements.			award one mark. Must match correctly for both marks.  Do not accept:	
		sucking	When anything is put in the baby's mouth, the baby immediately sucks and swallows.			<ul> <li>'falling' this is Moro (startle) which is in the question</li> <li>'head turns' on its own for rooting</li> </ul>
				_		

Q	Answer/Indicative Content	Marks	Guidance			
Q	Answer/mulcative Content	Warks	Content	Levels of response		
5 (a)*	Examples of ways parents can use to teach road safety  Look for ways such as:	6	Level 3 – checklist  detailed explanation  at least two ways  relevant information  QWC – high  Level 2 – checklist  sound explanation  one or more ways- but not fully developed  relevant information  QWC – mid  Level 1 – checklist  basic explanation  one or more ways  likely to identify ways with little or no explanation  list like/muddled  QWC – low  Do not credit:  Descriptions of how to cross the road safely.  Annotation:  The number of ticks will not necessarily correspond to the marks awarded.	Level 3 (5–6 marks)  Answers will provide a detailed explanation of at least two ways parents can teach children about road safety. There is a well-developed line of reasoning which is clear and logically structured. The information presented is relevant. There will be few errors, if any, of grammar, punctuation and spelling.  Level 2 (3–4 marks)  Answers will provide a sound explanation of one or more ways parents can teach children about road safety. There is a line of reasoning presented with some structure. The information presented is in the most part relevant. There may be some errors of grammar, punctuation and spelling.  Sub—max of 3 if just one way done well.  Level 1 (1–2 marks)  Answers will provide a basic explanation of ways parents can teach children about road safety. List like answers should be placed in this level. Answers may be muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.  0 marks – response not worthy of credit		

Que	stion	Answer/Indicative content	Mark	Guidance
5	(b)	Four ways, one mark each.	<b>4</b> (4x1)	The number of ticks must match the number of marks awarded.
		Reducing the risk of electric shock in the home:		For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
		fit socket covers to all electric sockets / safety guards		Cambridge Tellowing
		check plugs are all wired correctly and safe		TY REP SEEN
		check plugs are not cracked		
		check cables are not frayed or worn/cracked along their length		Do not accept vague responses such as:  o cover electrical sockets
		use cable holders / tidies to make electric cables too short for children to grab / hide cables away		cover up wires
		coiled flexes are safer		
		don't let the child plug things in		
		place electrical items out of reach		
		• supervision		
		do not overload plug sockets		
		switch off plug sockets when not in use		
		warn children of electrical dangers		
		no electrical toys in the bathroom		

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Q	uestion	Answer/Indicative content	Mark	Guidance
5	(c)(i)	<ul> <li>One identification required. One mark.</li> <li>sleepwear</li> <li>bathrobes</li> <li>pyjamas</li> <li>onesie</li> <li>nightwear made from 100% terry towelling</li> </ul>	1 (1x1)	The number of ticks must match the number of marks awarded.  For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
	(c)(ii)	Meaning of 'Low Flammability. <b>One</b> mark.  • it means that the garment is slow to burn  • it means that the garment has passed the low flammability test  • low risk of catching fire	1 (1x1)	TY REP SEEN
	(c)(iii)	How the label should be attached. One mark.  the label must be permanent sewn into the garment must be securely attached printed on	1 (1x1)	

Question	Answer/Indicative content	Mark	Guidance
6 (a)	<ul> <li>Two description points, one mark each.</li> <li>a ventouse delivery is an assisted birth</li> <li>used when the contractions are not strong enough to push baby out</li> <li>involves a suction cup being placed on a baby's head to assist with delivery</li> <li>the rubber cap provides gentle suction</li> <li>sometimes called a vacuum extraction</li> <li>may bruise the baby's head but it soon returns to normal</li> </ul>	2 (2x1)	The number of ticks must match the number of marks awarded. For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:
			One mark for attaching to head One mark for helping to 'pull out'

Questic	n Answer/Indicative content	Mark	Guidance
6 (b	One definition. One mark.  Postnatal:  The first days and weeks after the birth of the baby.  Post = after, natal = birth.	1 (1x1)	The number of ticks must match the number of marks awarded. For <b>incorrect</b> answers use the <b>cross</b> or appropriate annotation from the following:

Question	Answer/Indicative content	Mark	Guidance
6 (c)	Four checks required. One mark each.  Physical postnatal checks:  abdomen  APGAR score (Appearance, Pulse, Grimace, Activity, Respiration)  breathing  ears  eyes  feet / toes  fingers  fontanelle  genitals  head circumference / size  heartbeat  hips  length  mouth / cleft palette  muscle tone  neck  skin (vernix, lanugo) colour  spine  temperature  tongue  weight	4 (4x1)	The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:  TY REP SEEN  Checks must be physical.  Do not credit:  • reflexes • height • blood tests • hearing test • eyesight test

Question	Answer/Indicative content	Mark	Guidance
6 (d)	Four advantages. One mark each.  Advantages of breast feeding:  milk is sterile – clean and safe  milk is at the correct temperature  contains the right amounts of all necessary food ingredients a baby needs / natural nutrients / all the nutrients needed  easy for the baby to digest and absorb  no need for bottles to be sterilised and feeds mixed / quicker / saves time  breast milk contains antibodies protecting baby from infection / immune system  less risk of diarrhoea, vomiting, gastro-enteritis  baby less likely to develop allergies – asthma, eczema  baby is less likely to become overweight  no risk of over-feeding as can happen with formula  promotes bonding  relaxing – if qualified  cheaper  mother's uterus returns to pre-pregnancy state more quickly  helps mother to lose weight  more convenient when out and about / going to work (not having to carry bottles/kit)  can be expressed for father to feed  possible link to reduced risk of cancer for mother  reduces the risk of sudden infant death syndrome (SIDS)	<b>4</b> (4x1)	The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:  TV REP SEEN

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