

Cambridge Technicals Health and Social Care

Unit 6: Personalisation and a person-centred approach to care

Level 3 Cambridge Technical in Health and Social Care **05830 - 05833**

Mark Scheme for January 2019

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

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These are the annotations to be used when marking Unit 6.

Annotation	Meaning
√	Tick – correct answer
×	Cross – incorrect answer
LI	Level 1
L2	Level 2
L3	Level 3
BOD	Benefit of doubt (This does count as a mark – so do not 'tick' as well)
_	Omission mark
TV	Too vague
REP	Repeat
SEEN or	Noted but no credit given

Q	uestion	Answer		Guidance
1	1 (a) Two ways, one mark each. Individuals can:		2 (2x1)	Annotation: The number of ticks must match the number of marks awarded.
		 live the way they want to / make own decisions have more of what is important to them be employed be included in their community form meaningful relationships have the same rights/opportunities as everyone else / rights are not breached have voice/ choice/ control e.g. where they receive care / how to live 		For incorrect answers use the cross or appropriate annotation from the following: TV REP SEEN Do not accept Enables independence Vague responses lacking clarity, e.g. the right to be aware of their wishes; have the ability to feel empowered; allowing them to be informed of their rights

Question	Answer	Marks	Guidance
1 (b)	Two marks for a reason. Three required. Reasons an individual may not want to exercise choice and control over their care: being afraid feeling vulnerable lacking confidence not wanting to take responsibility / make a mistake being in denial about needing care / resistance to change they may expect care to be prescribed / institutional history / want professional to make decision / be in charge they may receive advice which is not person-centred they may not have the appropriate information / be aware of their choices they may not be supported to make choices / understand their choices lack of mental capacity not knowing what is best for them now not knowing what will be best for them in the future they may need assistance to make decisions	6 (3x2)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Two marks — a detailed description with ideas well-linked and expressed with clarity. One mark — a brief statement that lacks depth. Accept alternative language Do not accept Age — either too old/young Vague responses, e.g. lose a safety net Being dependent on someone else Having an advocate to make their decisions Repeated reasons

Question	Answer		Guidance	
1 (c)	Personalised approach puts the individual at the centre of their care focuses on capacities rather than deficits promotes independence and rights promotes voice, choice and control promotes inclusive communities is focused on the individual is a social rather than institutional model allows people to live how they want to is based on coproduction – partnership between individual and professional has clarified the roles and responsibilities enables individuals to have a balance of what is important to them as well as for them Institutional approach one size fits all professionals made the decisions institutional/medical model focused on deficits individuals did not have the same rights as everyone else did not support independent living did not promote inclusive communities not given voice/choice/control	3 (1x3)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Three marks: refers to feature(s) of both approaches. Well explained with ideas/examples which are well-linked. Two marks: may refer to both approaches but explanation lacks depth or clarity One mark: may refer to only one approach. Brief statement with little or no explanation. Accept alternative language	

Question	Answer / Indicative content	Marks	Guidance			
Question	Answer / Indicative content	Warks	Content	Levels of response		
1 (d)*	 A person-centred review enables a person to achieve a balance by: Including the people who are important - this allows information about what is important to and for the person to be shared and discussed/appropriate questions to be asked. Allows coproduction/generates solutions/actions - so all views are represented regarding e.g. equipment, adaptations, aspirations Facilitating good care relationships – these enable better understanding/communication based on respect/trust / inclusion of different opinions about what is important to and for an individual. Ensures person-centred records are developed which reflect a balance of wishes, goals and aspirations as well as care needs. Supports the person to make decisions – by using personcentred tools to find out what is important to/for a person, e.g. Good days/bad days, routines, top tips, relationship circles, one page profiles to enable informed decisions about achieving a balance between what is important to and for the individual. Care plans reviewed so that they are kept up to date / needs continue to be met 	7	This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is explanation. Annotation: The number of ticks will not necessarily correspond to the marks awarded. Level 3 checklist: • detailed explanation • clear knowledge & understanding of the principles of a person-centred review demonstrated • explicitly linked to achieving balance between important to/important for • Correct use of terminology • QWC – high Level 2 checklist: • sound explanation • some knowledge & understanding of the principles • link to achieving balance may be implicit • QWC – mid Level 1 checklist • basic explanation • limited structure, may be list like or muddled • QWC – low	Answers provide a detailed explanation of the principles of a person-centred review and how they enable a person to achieve a balance between what is important to and what is important for them. Clear links are made between the principles of a person-centred review and how these promote balance. Answers will be coherent, factually accurate and use appropriate terminology. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (4–5 marks) The answer provides a sound explanation of the principles of a person-centred review and how they enable a person to achieve a balance between what is important to and what is important for them. Links may be implicit. Answers will be factually accurate. There may be some errors of grammar, punctuation and spelling. Level 1 (1–3 marks) Answer provides a limited or basic explanation of the principles of a person-centred review. There may be no link made between the principles of a person-centred review meeting and how these promote balance. Answers may be list like, muddled,		

Question	Answer / Indicative content	Marks	Guidance		
Question		IVIAI KS	Content	Levels of response	
				demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.	
				0 marks = response not worthy of credit for a zero mark response	

Q	Question		Answer		Guidance
2	(a)	(i)	 One mark for a positive impact. Four required. Positive impacts: Can allow rapid access to services Will maintain independence and rights e.g. employment, volunteering Will enable adaptations Will support mobility, e.g. transport Gives voice, choice and control e.g. type of support/ employ a carer/ pay for extra support Enables inclusion in the community Emotional impact, e.g. Empowered, high self-esteem, valued Allows him to remain in his own home 	4 (4x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Accept: alternative language other reasonable impacts repeats e.g. emotional impacts can receive support / assistance

Q	Question		Answer		Guidance
2	2 (a) (ii) One mark for a reason. Two required. Why a direct budget may not have a positive impact:		2 (2x1)	Annotation: The number of ticks must match the number of marks awarded.	
	 Why a direct budget may not have a positive impact: Direct payment may be insufficient to cover care wants and needs. Services may not be available in his area. Not provided with information / support to make choices Emotional impact, e.g. Worried, anxious, stressed Lack of skills in money management Risk of financial abuse e.g. from family 			For incorrect answers use the cross or appropriate annotation from the following: TY REP SEEN Accept: alternative language other reasonable reasons	

Ouo	stion	Answer/Indicative content	Marks	Guidance					
Que	Suon		IVIAI NS	Content	Levels of response				
2	(b)*	Strengths/capabilities Iives independently participates in the community What is important to Ralph? returning home What is important for Ralph? / How can Ralph be supported? receiving support in his own home receiving support with dressing receiving support with food preparation Important Relationships Lucy, his daughter Ralph's dog Hobbies / Likes walking the dog volunteering Routines Morning: walking the dog	6	This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is creating a profile. Annotation: The number of ticks will not necessarily correspond to the marks awarded. Level 3 checklist: • well-structured chart • appropriate headings • most information included • clearly summarised • QWC – high Level 2 checklist: • organised chart • some appropriate headings • some summarised information • QWC – mid Level 1 checklist • limited / basic structure	Level 3 (5–6 marks) The one page profile is well-structured with appropriate headings. Most information about Ralph is included and clearly summarised. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (3–4 marks) The one page profile is organised with appropriate headings. Some of the information about Ralph is summarised. There may be some errors of grammar, punctuation and spelling. Level 1 (1–2 marks) The one page profile may have a basic/limited structure. The answer may provide either appropriate headings or summarised information from the case study about Ralph. Errors of grammar and spelling may be noticeable and intrusive.				
		Evening: Lucy visiting Twice per week: volunteering Accept appropriate headings		 may not have headings may not have summarised information QWC – low 	0 marks = response not worthy of credit for a zero mark response				
		Do not accept repeated information copied from the question							

Question	Answer		Guidance	
3 (a)	 Six points, one mark each. What is working: The home meets her care needs Enjoys living in the home Receiving person-centred care from staff / staff try and adapt routines Friendship with Janet / Having lunch with Janet What is not working: The home cannot always adapt routines / routines do not always suit her preference Does not see sons as often as she would like Not able to do things which are important to her, e.g. Going to the theatre Not feeling part of an inclusive community, e.g. Susanne is not confident using public transport Lack of confidence 	6 (6x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Accept alternative wording Do not accept: 'sons do not visit' (unless clarified by 'as much as she'd like) 'sons do not live nearby' The daily routines in the home are working	

Question	Answer/Indicative content		Guida	ance	
Question		Marks	Content	Levels of response	
3 (b)*	 Benefits: Susanne is put at the centre of her care so her voice is heard / can live the life she wants to Susanne can choose where to receive care / live where she wants to / maintain independence Susanne and professionals can co-produce her care plans to ensure she has more of what is important to her e.g. going to the theatre Susanne's care plan is reviewed and updated regularly to ensure her needs/preference/wishes are being met To identify what is/is not working Susanne will have a personal budget which will enable her to access the services she wants and needs / have choice and control Susanne is able to receive her personal budget as a direct payment or managed account Feeling empowered/respected/confident Factors limiting the benefits: Lack of staff trained in person-centred approaches Lack of staff time/ staff being overworked / shortages of staff Insufficient information and guidance Access to services restricted, e.g. transport and public environments are not accessible for Susanne Allocated budget might be insufficient to 	8	This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is analysis. Annotation: The number of ticks will not necessarily correspond to the marks awarded. Level 3 checklist:	Level 3 (7–8 marks) Answers provide a detailed and balanced analysis of the benefits of personalisation and the factors limiting its impact. Answers relate explicitly to Susanne's circumstances. Answers will be coherent, factually accurate and use appropriate terminology. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (4–6 marks) The answer provides a sound analysis of the benefits of personalisation and factors limiting its impact which may not be well-balanced. Answers have some relevance to Susanne's circumstances. Answers will be factually accurate. There may be some errors of grammar, punctuation and spelling. Submax of 4 if no reference to limitations Level 1 (1–3 marks) Answer provides a limited or basic analysis of the benefits or the limitations of personalisation. There may be no reference to	

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Ouo	etion	Answer/Indicative content	Marks	Guidance		
Question		Answer/indicative content	IVIAINS	Content	Levels of response	
		 meet all wants and needs Institutional history of care and resistance to change Limited availability of suitable services 			Susanne. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.	
					0 marks = response not worthy of credit	
					for a zero mark response	

Q	uestion	Answer		Guidance	
3	(c)	 Three questions, one mark each. What are your goals? What would improve your care? What would improve your quality of life? What would you like to change? What is important to you now? What will be important to you in the future? Who is important to you? Which routines at the residential home don't suit your preferences? / What would your ideal routine be? What is working for you? What isn't working for you? What further support/adaptations do you need? How can we help you achieve your goals/overcome difficulties/support your needs? What activities do you enjoy? What is important for you (to stay healthy and well?) 	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Accept alternative wording Do not accept: Questions not directed to Susanne, i.e. must be written in first person Questions which would not generate discussions/ actions What are you happy about? Do you have any questions? How are you able to improve your confidence? How often do you want to see your sons? Are you happy with your care?	

Question	Answer/Indicative content	Marks	Guidance				
Question		IVIAI NS	Content	Levels of response			
4 (a)*	Arguments for choosing a managed account (i.e. the account is managed by the local authority on Bob's behalf) • Bob will receive support from the local authority • Bob's needs will still be put at the centre of his care • Bob will still be given voice/ choice / control		This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is evaluation. Annotation: The number of ticks will not necessarily correspond to the marks awarded.	Level 3 (6-7 marks) Answers provide a detailed evaluation of direct payments and managed accounts. Answers relate explicitly to Bob's circumstances. Answers will be coherent, factually accurate and use appropriate terminology. There will be few, if any, errors of grammar, punctuation and spelling.			
	 Bob may not want to manage his own budget while he is recovering Bob does not have a family to provide support Bob is finding it difficult to communicate and may find it difficult to organise his own access to care Will protect Bob from financial abuse May reduce stress/ anxiety/ worry May take longer than a direct account to organise support 		Level 3 checklist: detailed evaluation clear understanding of both managed account and direct payment compares and contrasts direct payments and managed accounts explicitly linked to Bob correct use of terminology QWC – high	Level 2 (4–5 marks) The answer provides a sound evaluation of direct payments and managed accounts. Answers are mostly relevant to Bob's circumstances. Answers will be factually accurate. There may be some errors of grammar, punctuation and spelling. Sub-max of 4: if no reference to Bob or if only pros or only cons of one type of account			
	Arguments for choosing a direct payment (i.e. Bob manages his own budget) Rapid access to care services Fully in control of how budget is spent Bob has mental capacity to manage his own budget Gives Bob voice, choice and control over his care		 Level 2 checklist: sound evaluation may give pros and cons of either a managed account or a direct account may compare benefits of each with no reference to limitations mostly relevant to Bob QWC – mid 	Level 1 (1–3 marks) Answer provides a limited or basic evaluation of personal budgets. There are few references to Bob's circumstances. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive.			

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Question		Answer/Indicative content		Marks	Guidance			
					Content	Levels of response		
		•	Enables Bob to remain independent Enables Bob to participate in employment/community Communication issues can be overcome through use of advocate Self-respect/empowerment		 Level 1 checklist limited / basic evaluation may only identify pros or cons may only include direct payment or managed account limited structure, may be list like or muddled QWC – low 	O marks = response not worthy of credit for a zero mark response		

Question	Answer		Guidance	
Question 4 (b) (i)	Three marks for one way described. Bob is put at the centre of the meeting Professionals can share information about Bob's needs e.g. what is working or not working, what is/is not important to/for Choices can be discussed Bob's wants and needs can be heard and understood by professionals Professionals and Bob can co-produce care plans Person-centred tools can be used to enhance voice, choice and control, e.g. communication chart Bob can ask questions Professionals can give Bob information/guidance/leaflets/notes Supports Bob with making informed decisions Do not accept Non-person centred responses, e.g. they would decide what is best for Bob	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from following: Mark for the description, not for specific points. Three marks: one way described in detail clearly related to the support given in a meeting applied to Bob's circumstances Two marks: a sound description clearly related to Bob One mark: a simplified description which lacks clarity not explicitly related to Bob Do not credit:	
			simple re-iteration of the situation Accept alternative wording	

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C	Question		Answer		Guidance
4	(b)	(ii)	 Three ways identified, one mark each. Give Bob choice over who attends Give Bob choice about the time of the meeting Give Bob choice about the location of the meeting Ensure the facilitator supports Bob Ensure the facilitator considers how Bob wants the meeting to be An advocate is invited to provide support Bob is offered/provided with communication support Refreshments are provided/offered Notes are taken / provided Suitable language used, e.g. not excessive anachronisms Bob clearly at the centre of the meeting Listen to / respect what Bob has to say Accept alternative appropriate answers	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Accept alternative wording Do not accept: Assumptions about what would make Bob comfortable, e.g. The meeting not being too formal

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