

**OCR**

Oxford Cambridge and RSA

**Level 3 Cambridge Technical in Sport and Physical Activity****05828/05829/05872****Unit 4: Working safely in sport, exercise, health and leisure****Monday 15 January 2018 – Afternoon****Time allowed: 1 hour 30 minutes****You may use:**

- no materials required

First Name						Last Name				
Centre Number						Candidate Number				
Date of Birth	D	D	M	M	Y	Y	Y	Y		

**INSTRUCTIONS**

- Use black ink.
- Complete the boxes above with your name, centre number, candidate number and date of birth.
- Answer **all** the questions.
- Write your answer to each question in the space provided.
- If additional answer space is required, you should use the lined page(s) at the end of this booklet. The question number(s) must be clearly shown.

**INFORMATION**

- The total mark for this paper is **70**.
- The marks for each question are shown in brackets [ ].
- Quality of written communication will be assessed in the question marked with an asterisk(\*).
- This document consists of **12** pages.

FOR EXAMINER USE ONLY	
Question No	Mark
Section A: 1-10	/20
Section B: 11	/10
12	/13
13	/8
14	/10
15	/9
<b>Total</b>	<b>/70</b>

**Section A**

Answer **all** the questions.

**1** Identify **two** parts of duty of care that staff in a sport, exercise, health and leisure environment need to be aware of.

1 .....

2 ..... [2]

**2** List **two** responsibilities of a lifeguard.

1 .....

2 ..... [2]

**3** Give **two** examples of how staff in leisure centres follow guidelines in the Data Protection Act.

.....  
.....  
.....  
..... [2]

**4** A chemical leak is one type of emergency. Give **two** ways in which chemical leaks could occur at a swimming pool.

1 .....

2 ..... [2]

**5** Identify **one** method of recording and reporting emergencies.

.....  
..... [1]

6 List the emergency services who could be called to attend an emergency at a leisure centre.

1 .....

2 .....

3 .....

[3]

7 Give **two** different examples of hazards which could occur in a changing room.

1 .....

2 .....

[2]

8 Identify **one** area of a leisure centre, other than changing rooms, where a hazard might occur.

.....

.....

[1]

9 Identify **three** types of abuse that a member of staff in a sport, exercise, health and leisure setting would need to be aware of.

1 .....

2 .....

3 .....

[3]

10 Describe **two** ways of protecting leisure centre staff against allegations of abuse.

1 .....

2 .....

[2]

**Section B**

Answer **all** the questions.

**11** Emergencies can occur in a range of sport, exercise, health and leisure settings.

**(a)** Explain how the following emergencies could be caused in a leisure centre.

Fire .....

.....

.....

.....

.....

.....

.....

Missing person .....

.....

.....

.....

.....

.....

.....

**[6]**

**(b)** Give reasons why a power cut at a swimming pool could be classed as an emergency.

.....

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.....

.....

**[4]**

**12** Good risk management is being able to identify and assess risks, and put steps in place to prevent them from occurring. In sports coaching businesses, staff members have responsibility for managing risk.

**(a)** List the responsibilities of the following individuals in risk management:

First aider.....  
.....  
.....  
.....

Receptionist.....  
.....  
.....  
.....

Health and safety officer.....  
.....  
.....  
.....

[6]

**(b)** Jenny owns a football coaching business. As a sports leader, she has a responsibility for safeguarding and assessing risk in her sessions.

**(i)** Identify **three** other sports leadership responsibilities that Jenny has which can help to ensure that her football sessions run safely.

.....  
.....  
.....  
.....  
.....  
.....

[3]





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**ADDITIONAL ANSWER SPACE**

If additional answer space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s) – for example 11(a) or 12(b).

A large rectangular area with a solid vertical line on the left side and horizontal dotted lines extending across the page, providing space for writing answers.



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