

**GCSE (9–1) Food Preparation and Nutrition**  
**J309/02, 03 Food Investigation Task**  
Sample non-examined assessment (NEA) task

Version 2.3

**To be given to candidates on or after 1 September 20XX**

**INSTRUCTIONS**

- Choose **one** task.
- Write a report of 1500-2000 words in response to your chosen task.
- Include photographic and/or visual recording evidence of your investigations.
- Your report must be your own work.

**INFORMATION**

- The total mark is **45**.
- This document has **2** pages.

Do **not** change the tasks.

Choose **one** task.

### **EITHER**

- 1** *Investigate, research and evaluate the working characteristics, functional and chemical properties of eggs (before carrying out the investigations).*

Eggs are a very versatile food.

Explore and scientifically investigate the changes that occur when eggs are used as a setting agent.

Explain scientifically what happens.

Analyse and evaluate your results.

### **OR**

- 2** *Investigate, research and evaluate the working characteristics, functional and chemical properties of different types of flour (before carrying out the investigations).*

Bread is a staple food product.

Explore and scientifically investigate the changes that occur when flour is used as the main ingredient in bread.

Explain scientifically what happens.

Analyse and evaluate your results.

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## Summary of updates

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Date	Version	Change
December 2019	2.3	Amendment to the instructions and the generic wording of the tasks to improve accessibility.