

	<b>Dose (millisievert)</b>
<b>Average background dose per year</b>	<b>2.7</b>
<b>Lowest dose per year definitely linked to an increase in cancer later in life</b>	<b>100</b>
<b>Fatal dose</b>	<b>5000</b>
<b>Recommended highest dose per year</b>	<b>50</b>
<b>Chest X-ray</b>	<b>0.10</b>
<b>Dental X-ray</b>	<b>0.01</b>
<b>Eating one banana or 100g of Brazil nuts</b>	<b>0.01</b>

